

HEALTHY AGEING SERVICE



Referral Quick Reference Guide

<p>Over 65yrs</p> <p>Indigenous persons over 50yrs</p> <p>Low mood</p> <p>Anxiety</p> <p>Loneliness</p> <p>Adjustment</p> <p>Emotional distress</p> <p>Stress</p> <p>Boroondara, Banyule, Whittlesea or Nillumbik</p> <p>Consent to referral</p> <p>Likely benefit from talk-therapy</p>	<p>Cognitive impairment</p> <p>Despair with wish to die in order to end suffering</p> <p>Previous treatment by tertiary mental health service</p>	<p>BPSD</p> <p>Acute risk of harm to self or others</p> <p>Severe psychiatric illness</p> <p>Acute medical illness</p> <p>Current MH provider</p>



If you would like to refer to the Healthy Ageing Service or recommend that a person is referred to us by a third party, please give us a call or email first – we are available during business hours on **9231 8443** or **HAS@svha.org.au**.

Please be aware that the Healthy Ageing Service is a Brief Intervention service. We aim to assist with prevention and early intervention, when symptoms are at a sub-clinical stage, in order to reduce the risk of deterioration, and improve mental well-being.

'We're giving something to referrers or clients that they don't quite know they need yet' (Dr AT)