

Urology Pre-Referral Guidelines

Please ensure copies of the relevant results are included with the initial referral.

Clinical Features	Investigations Required	Referral Pathway
Haematuria <ul style="list-style-type: none"> Macro or microscopic Painful or painless Smoking history Lower urinary tract symptoms 	FBE/ UECr/ Coags MSU Urine cytology CTIVP (macro) US renal tract (micro)	Refer to Urology specialist clinic
Lower Urinary Tract Symptoms in Men (LUTS) <ul style="list-style-type: none"> <u>Prostate Symptom Score (IPSS)</u> Haematuria Infection Retention 	UE Cr / PSA MSU US renal tract	Refer to Urology specialist clinic: <ul style="list-style-type: none"> Failed medical therapy Presence of complications - haematuria, retention, infection Abnormal DRE Bladder stones
Renal Tract Stones <ul style="list-style-type: none"> Past history of stones Fever 	UECr Ca, uric acid MSU CTKUB and XRKUB	Refer to Emergency Department: <ul style="list-style-type: none"> Fever and stone Persistent pain, nausea and/or vomiting Solitary kidney Refer to Urology specialist clinic: <ul style="list-style-type: none"> Stone <5mm present for > 4 weeks All stones >5mm Recurrent stones
Abnormal PSA <ul style="list-style-type: none"> Age (not routinely recommended for men <50 or >75 years old) Family history of prostate cancer Lower urinary tract symptoms UTI DRE 	Repeat PSA 6 weeks after initial MSU	Refer to Urology specialist clinic: Men <75years old <ul style="list-style-type: none"> 2 abnormal PSA 6wks apart any abnormal DRE Men >75years old <ul style="list-style-type: none"> PSA > 20 Presence of metastasis Life expectancy >10yrs
Female Incontinence <ul style="list-style-type: none"> Stress or urge <u>Urinary incontinence form (ICIQ-UI)</u> Severity: pads/day Obstetric history UTI 	UECr MSU US renal tract	Refer to Urology specialist clinic: Bladder diary for >3 days Pelvic floor exercises (can be seen by physiotherapist at specialist clinic appointment)
Urinary Tract Infection <ul style="list-style-type: none"> Diabetes / immunosuppression Systemic symptoms 	MSU US renal tract	Refer to Urology specialist clinic: <ul style="list-style-type: none"> Single male episode Multiple (x3) in 1 year for female