

# Adult Diabetes Referral Guide

General practice can access one, or multiple, referral pathways for integrated diabetes care, depending on the level of support required



Service type	Criteria	Contacts	Website	Fax	Triage Criteria*
Community Health	<p><i>Services are free or low cost</i>  <i>Interpreter services are available</i>  <i>Medicare "EPC" services available at some Community Health Services</i></p> <p>✓ <b>Diabetes prevention programs including the LIFE Program</b>            ✓ <b>Type 1, Type 2 requiring:</b></p> <ul style="list-style-type: none"> <li>diabetes education</li> <li>insulin initiation &amp; stabilisation</li> <li>support with lifestyle change and motivation</li> <li>coordinated multi-disciplinary services to complement GP care plan incl. general podiatry)</li> <li>support to self manage, or group education</li> <li>support to deal with social isolation or mental health issues</li> <li>exercise, social and activity groups</li> </ul>	Merri Health, Service Access T: 9388 9933	<a href="http://www.merrihealth.org.au">www.merrihealth.org.au</a>	9495 2599	GP Referral form preferred Results required (minimum): <ul style="list-style-type: none"> <li>HbA1c (last 3 months)</li> <li>Renal screen (eGFR/ACR)</li> </ul> Copy of TCA & DCC.
		cohealth T: 8378 3515 (Inner North) T: 9411 4369 (Yarra)	<a href="http://www.cohealth.org.au">www.cohealth.org.au</a>	9374 2866	
		North Richmond Community Health T: 9418 9800	<a href="http://www.nrhc.com.au">www.nrhc.com.au</a>	9428 2269	
		Access Health and Community T: 9885 6822	<a href="http://www.iehealth.org.au">www.iehealth.org.au</a>	9885 6844	
Allied Health Providers	<p><b>Medicare allied health services</b>            Private allied health providers registered with Medicare, including credentialed diabetes educators, are available where the patient is managed under a GPMP &amp; TCA (limited number of services; a gap fee may apply). Where not Medicare registered, a fee is charged or private health insurance can be used.</p>	National Health Service Directory	<a href="http://www.nhsd.com.au/">http://www.nhsd.com.au/</a>	Search for local services 	"EPC" referral required. Results required (minimum): <ul style="list-style-type: none"> <li>HbA1c (last 3 months)</li> <li>Renal screen (eGFR/ACR)</li> </ul> Provide copy of TCA.
		Australian Diabetes Educators Association:	<a href="http://www.adea.com.au">http://www.adea.com.au</a>		
		Australian Physiotherapy	<a href="http://www.physiotherapy.asn.au/">http://www.physiotherapy.asn.au/</a>		
		Association Australian Podiatry Council	<a href="http://www.apodc.com.au/">http://www.apodc.com.au/</a>		
		Exercise Physiologists	<a href="http://www.essa.org.au">www.essa.org.au</a>		
Hospital Admission Risk Program (HARP)	<p><b>Adults who have Type 1 &amp; Type 2 diabetes and:</b></p> <ul style="list-style-type: none"> <li>complex care and social factors impacting ability to self manage</li> <li>hospital admission in past 12 months</li> <li>imminent risk of hospitalisation</li> </ul>	Partnerships In Health, Melbourne Health HARP T: 9342 4530	<a href="http://www.mh.org.au">www.mh.org.au</a>	8387 2217	GP Referral form preferred Results required (minimum): <ul style="list-style-type: none"> <li>HbA1c (last 3 months)</li> <li>Renal screen (eGFR/ACR)</li> </ul> Copy of TCA & DCC.
		St. Vincent's Health HARP – Complex Care T: 1300 131 470	<a href="http://www.svha.org.au">www.svha.org.au</a>	per intake	
Hospital Endocrinology	<ul style="list-style-type: none"> <li>All patients with Type 1 diabetes</li> <li>Type 2 with diagnosed diabetes complications</li> <li>Type 2 for medical opinion on intensifying diabetes management</li> </ul>	St Vincent's Hospital, GP Specialist Clinic T: 9231 2211	<a href="http://www.svha.org.au">www.svha.org.au</a>	9231 3489	GP Referral form preferred Results required (minimum): <ul style="list-style-type: none"> <li>HbA1c (last 3 months)</li> <li>Renal screen (eGFR/ACR)</li> </ul> Copy of TCA & DCC.
		Royal Melbourne Hospital (RMH) T: 9342 7000	<a href="http://www.mh.org.au">www.mh.org.au</a>	9342 4234	
Specialist Clinics	<p><b>Foot clinics:</b> Criteria as above: acute, complex foot conditions (particularly Charcot Foot); will accept direct GP referral.            Criteria as per HARP: post-acute care; uncomplicated foot wound; high risk foot management in the community.</p>	Diabetic Foot Unit (DFU), RMH T: 9342 7134 HARP Diabetic Foot Program, RMH T: 8387 2333	<a href="http://www.mh.org.au">www.mh.org.au</a>	9342 3118 Direct Access 8387 2217	as above as per HARP
	<p><b>Eye clinics:</b> Eye examination at diagnosis &amp; ≤ 2 years;            Yearly examination for high risk populations (incl. Aboriginal &amp; Torres Strait Islanders)</p>	Australian College Optometry Ph. 9349 7400	<a href="http://www.aco.org.au">www.aco.org.au</a>	9349 7498	No referral necessary

This Referral Guide is current 13 September 2016. For updates see Inner North West Primary Care Partnership website [www.inwpcp.org.au](http://www.inwpcp.org.au).

\* GP Referral Form available at <https://www2.health.vic.gov.au/primary-and-community-health/primary-care/integrated-care/service-coordination/sctt-forms> GPMP = GP Management Plan; TCA = Team Care Arrangement; DCC = annual Diabetes Cycle of Care.