

Thank you for providing a referral to the Body Image and Eating Disorders Treatment and Recovery Service (BETRS).

The following information is useful to include, along with anything else you feel it would be helpful for us to know:

- Consumer name, date of birth, address and telephone number
- Current eating disorder symptoms (restriction/ bingeing/ compensatory behaviours etc.)
- Current weight and height
- Recent weight trajectory
- History of eating disorder symptoms
- Co-morbid mental & physical health diagnoses
- Current risk issues
- Current medication
- Current treating team
- GP details (if not referrer)

Medical parameters

- blood pressure
- pulse
- temperature
- recent pathology (see below)
- ECG

Blood tests for Eating Disorders
*Full blood count, Electrolytes, Urea,
Creatinine
Calcium, Magnesium, Phosphate
Fasting/random blood glucose
Liver function tests
Thyroid function tests*

A joint mental health initiative of St Vincent's Melbourne and Austin Health

St Vincent's Hospital
(Melbourne) Ltd
ABN 22 052 110 755

All correspondence and enquiries to:

BETRS

Email: betrs@svhm.org.au

Web: www.betrs.org.au

General enquiries:

(03) 9231 5700

Clinical Intake Service:

(03) 9231 5718

Rear of Caritas Christi
Hospice
104 Studley Park Road
Kew VIC 3101
Tel: (03) 9231 5700

Austin Hospital
Acute Psychiatric Unit
PO Box 5555
Heidelberg VIC 3084
Tel: (03) 9496 6407

Alternatively, please feel free to contact us on our intake line to discuss your referral further.

We can be contacted on **9231 5718** between 9:30am and 11:30am, Monday to Friday.

Please fax referrals to: 9231 5701