

St. Vincent's Hospital Melbourne Primary Care Management Guidelines for Recall/Surveillance Endoscopy Patients

Dear GP, please refer to our pathology report before proceeding. If the results are not clear/missing please call St. Vincent's Pathology for a replacement copy (03) 9231 2888.

No polyps or hyperplastic polyps all less than 5mm found in rectosigmoid colon

Or

No abnormality detected or pathology acquired

- No colonoscopy follow up required (unless family history meets National Health and Medical Research Guidelines (NHMRC) guidelines)
- Two yearly FOBT

Hyperplastic polyps greater than 5mm

- 5 year colonoscopy surveillance
- Monitor for red flag symptoms in interim

Family history

 Please refer to NHMRC/Royal Australian College of General Practitioners (RACGP) guidelines below*

Low risk adenomas

1-2 tubular adenomas

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Sessile serrated adenomas <1cm without low grade dysplasia

Low risk: 5 year colonoscopy surveillance

Intermediate to high risk

Intermediate: 3 or more adenomas or sessile serrated adenomas OR <3 adnomas with advanced features >1cm high grade dysplasia or villous change

High: Piecemeal removal or 5 or more adenomas OR inadequate prep or incomplete polyp removal

- Intermediate risk: 3 year colonoscopy surveillance
- High risk: More frequent colonoscopy may be required by colonoscopist

Please contact our Gastroenterology Registrar (03) 9231 2211 for any questions/advice

Or visit our website: https://svhm.org.au/home/health-professionals/specialist-clinics/e/endoscopy

If the patient still requires a repeat procedure

GPs are required to make a referral back to SVHM Rapid Access Endoscopy Specialist Clinic in accordance with our revised referral pathways at least <u>3-6 months</u> prior to the recommended repeat procedure date. Please use 'Gastroenterology/Colorectal/Upper Gastrointestinal Referral to Clinics' form available in Best Practice, ZedMed, Medical Director. Download from: https://svhm.org.au/home/health-professionals/referral-templates-and-pre-referral-guidelines

*NHMRC and RACGP Guidelines:

- 1. RACGP: http://www.racgp.org.au/your-practice/guidelines/redbook/early-detection-of-cancers/colorectal-cancer-(crc)/
- 2. NHMRC:

http://wiki.cancer.org.au/australiawiki/images/f/fe/Colonoscopy_Surveillance_Guidelines_FINAL_ver sion approved Dec2011-boomarked2.pdf