Eligibility

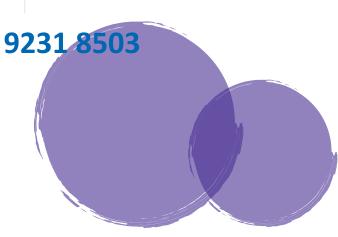
People aged 65+ and Aboriginal and Torres Straits Islander people aged 55+ living in Boroondara who are experiencing mild to moderate symptoms of mental illness.

Referral (via St Vincent's/ St George's APATT)

Phone:

9231 8443 (вн) 1800 55 88 62 (ан)

Fax:



Improving access to mental health services:

• Timely expert mental health

assessment and treatment

recommendations

• Secondary consultations with client's in GP practice, telehealth

or phone

- Case management
- Brief psychological interventions
- Referral to meet ongoing needs
- No cost



nitiative is funded by the Australia

This initiative is funded by the Australian Government under the PHN program.





Mental Health and Primary Care Partnership Program

Supporting GPs in Boroondara

"I never felt this way before. I am so glad you were there"

83 year old MaP patient

What is MaP?

MaP is a new Older Adult's Mental Health Program.

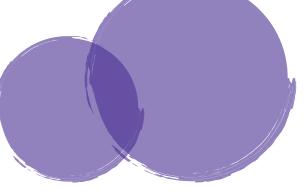
It is a collaboration between St Vincent's Hospital Melbourne (St George's campus) and the Eastern Melbourne Primary Health Network.

MaP is part of the Government's Stepped Care initiative, designed to reduce the service gap between Primary Health and Specialist Mental Health Services for Boroondara residents.

It is a voluntary program aiming to assist with co-ordinating care for people experiencing mild to moderate symptoms of mental illness.

Mental Health of Older Adults

- **10-15%** of older adults are diagnosed with **depression**.
- **10%** of older adults are diagnosed with an **anxiety disorder**.
- Older adults in care in care a more likely experience depression.
- Older adults are **less likely to seek help** for mental health symptoms.
- Assistance with prevention and early intervention has benefits for patients, carers, and the service system.
- Mental health issues are often undiagnosed in older adults.
- Dementia is the second leading cause of death in Australia.
- Boroondara has one of the highest population of residents living with dementia.



Who are we?

A team of senior clinicians including mental health nurses, psychologists, allied health clinicians, and a psychiatrist.