



Key Themes from Tuesdays with Nexus
22 March 2022 - 9.30am

58 people attended this session – Thank you for your participation.

Presenter:

Prof Ed Ogden PSM
Addiction Medicine Specialist

Please see attached Power Point for the slides

Resources Shared:

Website

Psychae Institute
<https://www.psychae.org>

Book recommendations

Lisa M Navajits- Seeking Safety, A treatment manual for PTSD and Substance Abuse
Gabor Mate- In the realm of hungry ghosts
Micheal Pollen- How to change your mind, The new science of psychedelics

Next Session- Date: Tuesday's – April 5th 2022