

Tuesdays with Nexus

Interactive online sessions

in partnership with NEMHSCA



Key Themes from Tuesdays with Nexus

21 September 2021 - 9.30am

82 people attended this session – Thank you for your participation.

Presenter:

Compassion training for health, mental health & care workers to boost wellbeing and prevent burnout.

***Dr Debbie Ling
Lecturer, Monash University
Research Fellow, Epworth Rehabilitation Medicine Unit***

Please see attached Power Point for the slides and hand out shared by email

Resources Shared:

Next Session- Date: Tuesday's – 5 October 2021 30 - 45 mins



***Julia Baron
Policy and Advocacy Manager
Youth Affairs Council Victoria***