



TUESDAYS WITH NEXUS



Key Themes from Tuesdays with Nexus 7 March 2023 - 9.30am

74 people attended this session – Thank you for your participation.

Presenters:

Topic: Eating disorders pathways to care

BETRS Team (Body Image & Eating Disorders Treatment & Recovery Service)
St Vincent's Hospital Melbourne

- Increased prevalence of Eating Disorders in young people (and at BETRS with adults) since COVID
- Early warning signs for health professionals to be aware of
- Referral options/pathways and importance of early intervention
- Lived experience perspective – navigating interactions with patients and supporting them to move forward with treatment

Resources Shared:

Please see Powerpoint shared

Next Session- Date: Tuesday – 21 March 2023 30 mins

Topic: Smoking Cessation

Dr Adam Pastor
Addiction Medicine Specialist
Department of Addiction Medicine
St Vincent's Hospital Melbourne

- Smoking Cessation Clinic