

# Tuesdays with Nexus

*Interactive online sessions*

*in partnership with NEMHSCA*



## **Key Themes from Tuesdays with Nexus** **29 November 2022 - 9.30am**

40 people attended this session – Thank you for your participation.

### **Last session for 2022**

#### **Presenter:**

**Topic: Relapse Prevention – how to explore the early warning signs of psychosis (Back in the Saddle - BITS Model)**

Simon Laxton  
Psychiatry Nurse  
Austin Hospital

#### **Resources Shared:**

Please see Thinking Feeling Behaviour cards

Additional information please see the NEMHSCA webinar on Relapse Prevention attached [HERE](#).

Survey Link for feedback <https://www.surveymonkey.com/r/HNHNB6X>

**Next Session 2023-** Date: Tuesday – 7 February 2023 30 mins

**Topic: Demystifying Medicinal Cannabis**

Dr Kah-Seong Loke  
Addiction Psychiatrist  
Nexus