

# Tuesdays with Nexus

*Interactive online sessions*

*in partnership with NEMHSCA*



## Key Themes from Tuesdays with Nexus

10 August 2021 - 9.30am

23 people attended this session – Thank you for your participation.

### **Presenter:**

Katherine Barling, Carer Consultant, St Vincent's

**Please see attached Power Point for the slides**

### **Resources Shared:**

<https://www.bouverie.org.au>

<https://www.blurtitout.org/2018/07/05/mental-health-words-matter/>

**Yarra Mental Health Alliance Information sharing document - PDF**

**Carers Can Ask resource - PDF**

**Next Session- Date: Tuesday's – August 24, 2021 - Topic TBA**