



## **Key Themes from Tuesdays with Nexus** **6 April 2021 - 9.30am**

10 people attended this session – Thank you for your participation.

### **Presenter:**

Caroline Walters Carers Can Ask Project Officer Nexus and Carer Advisor for Tandem.

*Reflections on the Royal Commission report into Victoria's Mental Health System recommendations that will have implications for Carers, Families and Support People.*

**Please see attached Power point pdf on the Nexus website**

<https://finalreport.rcvmhs.vic.gov.au/download-report/>

### **Resources Shared:**

**Carers can ask resources**

<https://www.svhm.org.au/our-services/departments-and-services/n/nexus/carers-can-ask>

**A practical guide for working with Carers of people with a mental illness**

<https://www.chiefpsychiatrist.wa.gov.au/wp-content/uploads/2017/04/A-Practical-Guide-for-working-with-people-with-a-mental-illness-February-2016-1.pdf>

**The Caring together project**

<https://caringtogetherproject.com>

**Carers and Family support information Mind Australia**

<https://www.mindaustralia.org.au/resources/carers>

**Next Session- Date: Tuesday's – 20/4/2021**