

# Key Themes from Tuesdays with Nexus 23 March 2021 - 9.30am

30 people attended this session – Thank you for your participation.

#### **Presenter:**

Teesha Gardiner – BCH Peer Support Worker Candice Howard- BCH Peer Support Worker Henrique Van Dunem – Peer Consultant and Project Officer

Reflections on the Royal Commission report into Victoria's Mental Health System recommendations on expanding the Lived Experience Workforce

#### Find report in link below

https://finalreport.rcvmhs.vic.gov.au/download-report/

#### Chapter 18 and 33

Some highlights to note.

- The Peer Workers welcomed the inclusion and expansion of the LE workforce
- Clarity of role is an important element of the work that is needed moving forward
- Inclusion of LE in the frameworks and definitions around roles
- Stand out issues are low pay and mostly part time roles these issues needs to be addressed
- Look to services such as those in NZ who have created fully LE spaces and services
- Qualifications should be made available and affordable for LE to further develop and train

### **Resources Shared:**

Peer Work in Australiahttps://www.mindaustralia.org.au/peer-work-australia

Mind Australia Peer Work Framework-

https://www.mindaustralia.org.au/sites/default/files/Mind\_peer\_work\_framework.pdf



SHARC Self Help Addiction Resource Centre (training, communities of practice, supervision) https://www.sharc.org.au

https://finalreport.rcvmhs.vic.gov.au/wp-content/uploads/2021/02/RCVMHS FinalReport Summary PlainLanguage.pdf

## 'Tuesdays with Nexus' -

Date: Tuesday's - 6/4/2021

Start time: 9.30 am – VIC

Focus of the 2021 sessions will focus on the MH Royal Commission recommendations as

well as Inter-service/agency reports and reflections.