



Key Themes from Tuesdays with Nexus
13 October 2020 - 9.30am

Its Carers Week- Check out Carers Victoria for Events

<https://www.carersvictoria.org.au>

20 people attended this session – Thank you for your participation.

Presentation by Jane Morton – VAADA Project Officer Co-Occurring Capacity Building Project

Please see Powerpoint Slide in minutes

Extra Resources

Victorian AOD Service Users Needs in COVID-19 crises report

<https://www.sharc.org.au/wp-content/uploads/2020/07/COVID-19ExperiencesReport.pdf>

**Registration Link Victorian AOD Service Providers' Conference October-November 2020:
Adaptations and Innovations in the AOD Sector**

<https://www.eventbrite.com.au/e/spc-webinar-1-telehelp-tickets-124507311721>

VAADA Youtube Channel and Events

<https://www.vaada.org.au>



Key Service Updates

To re-watch the Harm Reduction webinar by Nexus Dual Diagnosis Service go to...

<https://www.emphn.org.au/what-we-do/mental-health/north-east-mental-health-service-coordination-alliance-nemhsca/nemhsca-events>

If you are interested in watching the Relapse Prevention webinar by NEMHSCA and Monash University follow the instructions on the flyer below

A flyer for a webinar titled "Relapse Prevention: How to explore the early warning signs of Psychosis". The flyer has a green and white color scheme with abstract geometric shapes. It provides details on admission, registration, and the date and time of the event. Logos for Nexus, Monash University, NEMHSCA, and phn Eastern Melbourne are at the bottom.



Relapse Prevention: How to explore the early warning signs of Psychosis

This webinar will demonstrate a simple to use relapse prevention planning tool known as the Back in the Saddle (BITS) model. Upon registration you will receive the Relapse Prevention cards used in this exercise.

General Admission through
www.sli.do
Slido code (95080)

Thursday Oct 22ndth 2020
10.00am-11.00am

Register through-
www.eventbrite.com.au/e/124212594213

  **MONASH**
University

NEMHSCA
NORTH EAST MENTAL HEALTH SERVICE COORDINATION ALLIANCE

phn
EASTERN MELBOURNE
An Australian Government Initiative

**Department of Health- Coronavirus Health Information Line- 1800 020 080.
The line operates 24 hours a day, 7 days a week.**

Next session: Berry St- Update from family violence sector
'Tuesdays with Nexus' - A weekly interactive online session

Date: Tuesday's – 20/10/2020
Start time: 9.30 am – VIC