



Key Themes from Tuesdays with Nexus **21 July 2020 - 9.30am**

11 people attended this session – Thank you for your participation.

1. Adam Straub Department of Addiction Medicine

Key Themes

-Adam reported on the recently established Long Acting Injectable Buprenorphine (LAIB) clinic at St Vincent's Hospital.

-LAIB is appropriate for anyone considering long acting opioid agonist treatment (OAT) for the management of an opioid use disorder.

-LAIB comes in two forms in Australia, Sublocade and Buvidal and it can be injected weekly or monthly.

-Since the coronavirus introduced social distancing and lockdown restrictions the LAIB has made it easier for some people to access treatment.

-Many consumers have reported positive outcomes. The main benefit being people do not have to go to chemists for daily pickups or takeaways of suboxone or methadone.

-Some consumers reported this makes it easier to get work, take holidays, leave the state, flexible time scheduling. Some consumers report improvement in mood while others report a flattened mood. One negative report is some people experience social isolation and not going out into the community.

For more information on LAIB go to...

<https://adf.org.au/drug-facts/buprenorphine>



2. Service Updates

- St Vincent's Hospital are supporting a large number of COVID-19 patients and have had a large number of staff members go into isolation due to contact.
- Monash Health face to face and withdrawal units are reopening after a COVID-19 outbreak.
- Turning Point are developing a new series of webinars which will be advertised in the upcoming Tuesdays with Nexus sessions.
- Recognition that staff are fatigued and are not taking leave as they usually would in July.

Turning Point website (COVID-19 resources for clinicians)

<https://www.turningpoint.org.au>

Department of Health- Coronavirus Health Information Line- 1800 020 080.

The line operates 24 hours a day, 7 days a week.

Next session:

'Tuesdays with Nexus' - A weekly interactive online session

Date: Tuesday's – 28/07/2020

Start time: 9.30 am – Victoria

Duration: 45-60 mins

Link: