



Key Themes from Tuesdays with Nexus **9 June 2020 - 9.30am**

7 people attended this session from AOD, MH and MHCSS services. You can access resources and Key themes from past sessions on our website:

<http://www.svhm.org.au/nexus/tuesdays> – Thank you for your participation.

1. Updates from Participants

Christina Hotka, LGBTIQA Project worker St Vincent's

- Pride month is this month and the team are supporting the LGBTIQA community
- Sister girls and Brother Boys first nations culture are involved
- Stickers are being used to ensure equality for all
- Review of the Adult Inpatient Service response to LGBTIQA consumers currently occurring, and how to best support LGBTIQA consumers in the least restrictive manner.

Kevan Myers, Nexus Dual Diagnosis, St Vincent's

- Nexus has been providing ongoing support to services with online training, adapting training for the online medium for the AOD, MH and MHCSS sector.

Elise, MIND,

- Preparing to the next phase of return to work across the whole of Australia, reviewing what to continue and what to go back to. Considering at intake what might be best for consumers ie telehealth options or face-to-face as both seem to work for different people differently.
- Reconciliation week activities have moved to online
- Sandridge and Appollo housing services have been supported by Nexus in relation to DDx practice

Rachel Weaver, Northern Districts Community Health Service, Kerang, Youth AOD worker

- Working from home and providing telehealth services to clients.

Cheryl Hayne, Nexus Community Health Service, Seymour

- Working to support clients post-detox with psychosocial supports



Claire Hudson Psychotherapist in private practice

- Claire is reviewing her options for future career pathways and orienting herself to the AOD and MH services
- Claire provides private therapy to clients with complex trauma issues (not funded through MHCP options)
- Contact details are through <https://the-growing-heart.com/> 0408 509 110

Next session:

'Tuesdays with Nexus' - A weekly interactive online session

Date: Tuesday's – 16 June 2020

Start time: 9.30 am – Victoria

Duration: 45-60 mins

Link: <https://zoom.us/j/818805658?pwd=MIRtLzZyVXZKZU5CWk1JS0c5SnJvQT09>