



Key Themes from Tuesdays with Nexus 19 May 2020 - 9.30am

24 people attended this session from AOD, MH and MHCSS services. You can access resources and Key themes from past sessions on our website:

<http://www.svhm.org.au/nexus/tuesdays>

Acknowledgement of Country

Key messages from session

What will the aftermath of COVID-19 look like?
Who is not being well serviced?

There is a lot to learn and take from these times moving forward but face to face services are still needed

Concerns raised about economic rationalism taking a punitive approach to service delivery

Main Themes from the conversation

1. Services and engagement

- a. Overall there has been a decrease in clients engaging and using services
- b. AOD services have seen increased engagement with clients but numbers are the same
- c. Forensic AOS services are seeing a decrease in the DNA stats in metro areas
- d. Many groups are operating online are seeing increased attendance as people get familiar with the technology
- e. Older people may be missing out on services due to lack of technological access/knowledge



- f. Young people do not seem to be connecting better with using technology
- g. Unconfirmed reports to VAADA have suggested that Gambling online has increased 600% in this time
- h. Tandem webinar is helpful for families needing support at this time
- i. There are many learnings and advantages to this time – less travel, more time as a result. The States are collaborating at a National level to survey experiences
- j. Concerns about economic rationalism taking the savings from this time and applying it disproportionately in the sectors to cut costs raised
- k. APSU are undertaking a review of the key learnings that have resulted from COVID-19 restrictions from a consumer perspective.
- l. VAADA will be undertaking a survey of the AOD sector to explore what has worked well and what learnings can we take from this time.

2. Regional Dual Diagnosis Services

- a. Update from Gary croton, Senior Dual Diagnosis Clinician in Hume Region (see presentation)
- b. Engagement has been improved in COVID-19 times due to reduced travel times to see clients
- c. There is evidence of more partnerships occurring between services
- d. As consumers become more familiar with technology the engagement was improved
- e. The Royal Commission is seeking input into what is useful to keep from this time
- f. However what proportion of clients being seen is unknown – is it the more highly functioning clients who can engage?? What about those who are seriously unwell??
- g. Emerging psychosis is likely to be evident once restrictions are lifted

3. Where to from here?

- a. What are we likely to see following the lift of restrictions?
- b. Who is not receiving a service at this time due to lockdown restrictions?
- c. The collective practice wisdom of the group may be able to inform us of what to expect

For Feedback or further assistance please find the survey link [here](#)

Resources shared

VAADA Updates and webinar links

<https://www.vaada.org.au/>

Telehealth Tips from Turning Point - Connect & Learn Webinar - Wednesday 20th May 2-3pm

<https://kapara.rdbk.com.au/landers/5a5701.html>



Tandem link: <https://www.tandemcarers.org.au/resources-for-carers.php>

Next session:

'Tuesdays with Nexus' - A weekly interactive online session

Day:	Tuesdays – 26 May 2020
Start time:	9.30 am – AEST
Duration:	30-45 mins

[Register here](#)