

Tuesdays with Nexus

Interactive online sessions

in partnership with NEMHSCA



Key Themes from Tuesdays with Nexus

16 November 2021 - 9.30am

40 people attended this session – Thank you for your participation.

Presenter:

Mind Australia's Lived Experience Strategy 2021-2024

Katie Larsen- Senior Manager, Diversity Inclusion and Participation
&

Head to Help and LIFT? What you need to know!

***Anshuman Chaturvedi, Operations Lead – Mental Health Stepped
Care, Banyule Community Health***

Please see hand out shared in our resources section.

Resources Shared:

Link to the MindAustralia Strategy Launch 2 December 2021 –

https://us06web.zoom.us/webinar/register/WN_RZscrxVuTLOa22rVNs6Tbw

SHARC Lived & Living Experience Workforce Forum coming up next week to be held online on Tuesday 23rd of November from 9:30am - 3:15pm. It's a collaborative forum of shared conversations and celebrating lived and living experience workforces across Mental Health and AOD Sectors. Here is the link to get free tickets:

<https://events.humanitix.com/llew-forum>

Head to help - <https://www.emphn.org.au/headtohelp> - waitlist 6-8 weeks. Access to Psychiatrist can be arranged. Moving to "Head to Health" in January 2022 but will be just rebranding – no change to service delivery.

LIFT - Stepped Care <https://www.emphn.org.au/what-we-do/mental-health-and-aod-test/services-menu/stepped-care-mental-health-services-test>

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Head to Health – online self help. <https://www.headtohealth.gov.au/>

EMPHN Stepped Care Model -

https://www.emphn.org.au/images/uploads/files/Mental-Health-Stepped-Care-Model-Flyer_0419_200519_161925.pdf

Next Session- Date: Tuesday's – 30 November 2021 30 - 45 mins

SSDTA 101 – Severe Substance Dependence Treatment Act.

Mishma Kumar

SSDTA Coordinator

St Vincent's Hospital Melbourne

Intersectionality – are you up to date?

Manal Shehab

Counsellor/Psychoeducation Program Facilitator

Muslim Youth Adult Services (MYAF)- Family Drug & Gambling Help, SHARC