

Toilet surround frame

A guide for patients and their carers

Your occupational therapist is



9231 3850 and pager _____

Please follow these instructions to set up the toilet surround frame.

Contact your Occupational Therapist if you have any questions.

A family member or friend will need to set up the toilet surround frame for you. Your Occupational Therapist can show your carer how to do this.

Setting up the toilet surround frame

1. Ensure the height adjusting buttons are securely locked in position prior to use.



2. Place the toilet surround frame so that the front bar is just touching the outside of the toilet bowl.



Using the toilet surround frame

1. Stand with the back of your legs against the toilet surround frame.
2. Put both hands back onto the arms of the toilet surround frame then sit down.
3. To stand, push up from both arms of the toilet surround frame.

Be safe

- Ensure all four legs are on an even surface.
- Remove all mats and other possible trip hazards. These increase the risk of falling.

