Memory Clinic St George's Hospital 283 Cotham Road Kew VIC 3101

Tel: (03) 9231 8577 Fax: (03) 9231 8001 Email: SGHSpecialistClinicAdmin@svha.org.au



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# St George's Memory Clinic

Cognitive Dementia & Memory Service (CDAMS)

Information for clients, families, carers, & referrers



Inspired by

## WHAT IS THE MEMORY CLINIC?

The Memory Clinic helps people over the age of 50 who are concerned about memory loss or changes in their thinking.

The Memory Clinic offers assessment, diagnosis, education, and referrals to other support services.

### WHAT DOES THE MEMORY CLINIC DO?

The Memory Clinic provides:

- expert clinical assessment and diagnosis
- information on treatment options
- education and support
- advice on planning for the future
- information on managing day-today care
- links to other services, providers or community supports
- care that meets the needs of people from different cultural backgrounds, using interpreters when needed

Early diagnosis is important to work out the best treatment and to plan for the future.

It allows people to learn about their condition, understand changes as they occur and cope with day to day issues.

## WHAT IS INVOLVED IN A Memory Clinic Assessment?

The Memory Clinic assessment will include medical and allied health appointments and may include a visit to your home.

You may be referred for specialist assessments such as a neuropsychological assessment or MRI brain scan.

The results of these assessments will be discussed with you and your family.

The Memory Clinic specialists may include:

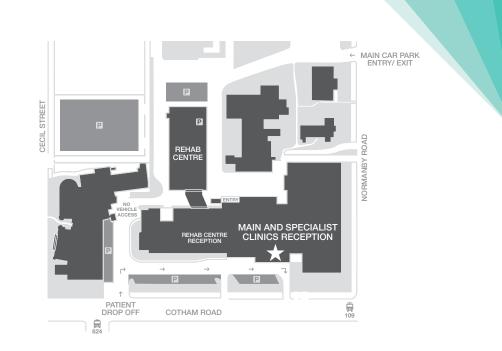
- specialist doctor
- neuropsychologist
- community nurse
- social worker
- occupational therapist

## **WHO CAN MAKE A REFERRAL?**

The Memory clinic accepts referrals from:

- anyone over the age of 50 who has noticed worrying changes to their memory and thinking (the 'client')
- the client's family or carers
- general practitioners (GPs) or other health specialists treating the client.

When a family member makes a referral to the Memory Clinic, the client must agree to the referral.



## GETTING TO St george's hospital

The Memory Clinic is based at St George's Hospital, which is part of St Vincent's.

The address is 283 Cotham Road, Kew (Melways ref: Map 45 H6).

### Travelling by car

A drop off zone and a small amount of parking is available at the front of the hospital for clients. Parking is also available at the rear of St George's Hospital for a small fee. Entry is from Normanby Road.

### Tram

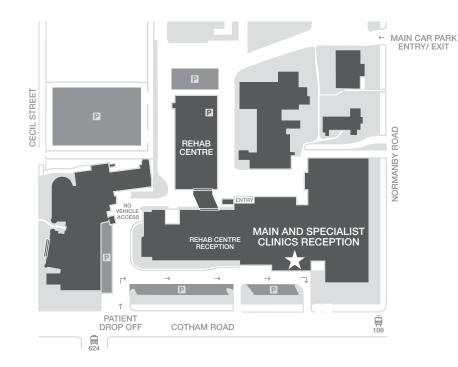
Tram 109 stops directly outside St George's Hospital, near the corner of Cotham Road and Normanby Road.

### Bus

Buses 547 and 548 travel from Latrobe University and Mont Park. Get off the bus at the corner of Burke Road and Cotham Road and walk down Cotham Road (west) to St George's or catch tram 109 down Cotham Road.

Bus 624 travels from Kew to Oakleigh via Chadstone and Holmesglen. Get off the bus at the corner of John Street and Cotham Road. This bus connects with trains at Auburn Station. May 2018

#### St Vincent's Hospital Melbourne



### Contact us

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## **INFORMATION FOR CLIENTS, FAMILIES, CARERS, & REFERRERS**

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