



**St Vincent's**

*Continuing the Mission of  
the Sisters of Charity*

*St George's Health Service*



## *St George's Health Service*

*Located in the heart of Kew, St George's has been  
providing care for over 100 years.*

*St George's is a campus of St Vincent's and is a specialist  
provider of comprehensive rehabilitation and aged care  
services including inpatient care, evaluation and man-  
agement, residential aged care and acute psychiatry.  
Specialist clinics and a broad range of community-based  
services are also available.*

*St George's is part of St Vincent's Health Australia, a  
network which includes St Vincent's Hospital, Caritas  
Christi Hospice and Prague House.*

### *Specialist Clinics*

St George's offers a wide range of assessments and services through its specialist clinics, which include:

*Continence Clinic*

*Memory Clinic*

*Falls and Balance Clinic*

*Driving Assessment*

*Pain Clinic for the Older Person*

*Day Respite Program*

*Young Adult Complex Disability Service*

### *Residential Care Services*

#### **Prague House**

Prague House is a low level aged care facility located at the St George's site which provides accommodation and care for both men and women who are socially and financially disadvantaged.

#### **Cambridge House**

Cambridge House is a 30 bed high care Residential Aged Care Facility located in Collingwood.

#### **Auburn House and Riverside House**

Auburn and Riverside Houses are 30 bed purpose built psychogeriatric nursing homes located in Hawthorn East and Richmond.

### *Contact details*

**Registered Office**  
St George's Health Service  
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**St George's Hospital**  
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**Specialist Clinics**  
Tel: 9816 0577

**Aged Psychiatry And Treatment Team**  
Tel: 9816 0443

**Community Rehabilitation Clinic**  
Tel: 9816 0660

**Aged Care Assessment Service**  
Tel: 9816 0566

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#### Mission

Our health service is based on and driven by our quest for:  
Compassion – Justice – Integrity – Excellence

### *In-patient care at St George's*

#### **Geriatric Medicine**

The 34 bed Geriatric and Evaluation and Management (GEM) Unit is staffed by medical specialists - geriatricians, who diagnose and treat general medical conditions, dementia, delirium, incontinence and falls. The medical, nursing and allied health team provides care which aims for greater independence, maximum quality of life and discharge to the appropriate care setting based on individual requirements.

#### **Rehabilitation Medicine**

The 30 bed Rehabilitation Unit at St George's is staffed by medical specialists who provide rehabilitation following an illness or injury and for conditions such as stroke or following surgery. The medical, nursing and allied health team works with patients, their families and carers to determine goals and develop treatment plans to help each person reach the fullest physical, social and vocational potential, consistent with their desires and life plans.

#### **Transition Care**

The Transition Care Program provides care and support to older patients immediately following their discharge from hospital. It is a 12 week program which offers nursing, allied health support and in-home services. The 30 bed Ellerslie Unit at St George's provides inpatient care. The home based program offers 31 care packages to maximise independence and assist with planning for the future.

### *Community Based Services*

#### **Subacute Ambulatory Care Services (SACS)**

SACS provide a range of individual and group-based health programs delivered by a team of allied health, nursing and medical specialists. The services are provided in our Community Rehabilitation Centre at St George's, at home or other community settings, to help people remain in their usual place of residence.

#### **Aged Care Assessment Service**

St Vincent's Aged Care Assessment Service (ACAS) is for older people residing in Boroondara, Yarra and Darebin. ACAS determines eligibility for Commonwealth funded aged care programs. The ACAS allied health and nursing teams have extensive experience in aged care.

#### **Domiciliary Therapy Team**

The Domiciliary Therapy team provides services including physiotherapy, occupational therapy, podiatry, speech therapy and dietetics to people living in Yarra, Boroondara and Darebin. The aim is to assist clients to restore and maintain their health, safety and independence.

#### **Dementia Behaviour Management and Advisory Service**

The Dementia Behaviour Management and Advisory Service (DBMAS) is a 24-hour, telephone-based advice and consultancy service available to families, carers and service providers for people with symptoms of dementia. Consumers of all cultural and linguistic backgrounds are able to access expertise in behaviour management strategies, care planning, education and clinical supervision.

#### **Aged Mental Health Service**

This service offers community (home visits) and inpatient mental health assessment and support, as well as access to specialist clinics and residential services for people aged 65 and older. This service is run in conjunction with the University of Melbourne's Academic Unit for Psychiatry of Old Age.

The Normanby Unit is a 20 bed acute aged psychiatry inpatient unit. Access is via the Aged Psychiatry Assessment and Treatment Team (APATT) which provides home assessment and arranges admissions. Out of hours admissions can sometimes occur via St Vincent's hospital.

The Aged Psychiatry and Treatment Team (APATT) is a multidisciplinary community-based service for people aged 65 and over with mental health disorders.

#### **Renal Dialysis**

St George's Dialysis Unit is a seven chair satellite facility caring for patients with kidney disease. The unit operates 12 hours per day six days a week. A Nocturnal In Centre Haemodialysis (NICH) operates overnight on a Sunday, Tuesday and Thursday.