



Restoring Health

The Restoring Health service is one of the streams of care within St Vincent's HARP.

It provides multidisciplinary chronic disease management for people with chronic lung disease, heart failure and diabetes, and who are at risk of presentation or admission to St Vincent's due to the symptoms of one of these diseases.

Services available:

- Care coordination for inpatients or outpatients of St Vincent's with one or more of the targeted chronic diseases
- Disease-specific education and care planning
- Disease-specific exercise programs (Pulmonary Rehabilitation, Diabetes Rehabilitation and Heart Failure Rehabilitation)
- Ongoing community supports including nursing and allied health
- Rapid access to medical specialist services
- Telephone coaching for heart disease
- Medication review

Target group:

1. Inpatient or outpatient of St Vincent's
2. Demonstrated interest in improving health status and/or symptoms and an ability to participate in education and self management
3. Not already adequately supported by other services and/or HARP
4. Not a nursing home resident

Information required for referral:

1. Evidence of diagnostic severity of illness
 - Heart failure – echocardiogram
 - Lung disease – respiratory function tests
 - Diabetes – HbA1c
2. Purpose of referral and/or current problems
3. Other medical diagnoses
4. Current medications
5. Treating doctor(s)
6. Demographics and contact details
7. Consent for HARP involvement



Please phone

1300 131 470 to discuss your referral

or fax the above information to:

St Vincent's HARP
fax 9288 2787