

## CONTACT DETAILS

### St Vincent's Hospital Melbourne

92313716

**CCH Kew** 92315000

**SGH** 92318000

After Hours 92312211

Monday to Friday 9am – 5pm

**Tel:** 9288 3716 or 9288 3717

Please leave a message if directed to on voicemail and your message will be returned as soon as possible, or call 9288 2211 and ask for pager 208.

Saturday 9am – 5pm

**Tel:** 9288 2211 and ask for Pastoral Care Services

Alternatively, you may ask any staff member to contact Pastoral Care Services on your behalf.

A Catholic Chaplain is available. Please contact St Vincent's switchboard on 9288 2211 if you would like to make contact with a Catholic Priest.

*God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.*

– Reinhold Niebuhr

*Inspired by You*

## Pastoral Care Services



**ST VINCENT'S  
HOSPITAL**  
MELBOURNE

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

St Vincent's  
PO Box 2900 Fitzroy  
VIC 3065 Australia  
(03) 9231 2211  
www.svhm.org.au



StVincentsHospitalMelb  
@StVincentsMelb  
st-vincent's-hospital-melbourne  
@stvincentsmelb

## WHAT IS PASTORAL CARE?

Coming into hospital is a unique experience for each of us. It may be a time of anxiety, fear and uncertainty. You may find yourself in a state of transition and start to think deeply about your life and what is important to you.

Pastoral care is a person-centred and holistic care paying particular attention to a person's spiritual care and wellbeing.

It is respectful and supportive of all beliefs, religious traditions and cultures.

Pastoral practitioners are part of the multidisciplinary team that care for you and for your family and friends while in hospital.

### You may find it helpful to speak to someone from Pastoral Care Services:

- in times of grief and sadness
- when feeling anxious or fearful
- when needing to make decisions
- during a period of serious illness or at the time of death
- if you are feeling lonely, isolated or would like to have someone listen to your story
- to explore what gives your life meaning and purpose – to talk about aspects of your belief or questions of faith
- for spiritual nourishment and support through prayer, reflection, blessing or sacraments such as Communion and Anointing
- to arrange for a representative from your faith community to visit you
- to access a sacred text or material for reflection.

### Chapel and Quiet Room

At St Vincent's Hospital, space for prayer, reflection or some quiet time is available in the Chapel and the Quiet Room. The Chapel is situated on the ground floor of the Healy Wing. The Quiet Room is situated off the foyer of the Main Hospital building opposite the reception desk.

### Catholic services

As a Catholic hospital which continues the Mission of its founders, the Sisters of Charity, the following services are offered:

**Catholic Chaplain** is available on request for Sacramental ministry such as Anointing and Reconciliation and for general visiting.

**Holy Communion** is available to patients at the bedside on Sundays and weekdays. Please advise a staff member or a pastoral care practitioner if you would like to receive Communion.

### Mass times:

#### St Vincent's Public Chapel, Healy Wing

Sunday	11 am
Mon, Tues & Wed	12 noon

#### St Vincent's Private Chapel

Thurs & Fri	12 noon
Saturday	11 am

Patients, relatives, friends and staff are all welcome.

### Visiting chaplains from other religious denominations

Chaplains from major Christian denominations and other faith traditions visit on a regular basis or are available on request. If you wish to see a chaplain from your own faith, or if you have any specific religious needs, please contact Pastoral Care Services and we will arrange this for you.

### Special services

Ecumenical services are held at Easter, Christmas, ANZAC Day, Remembrance Day and National Sorry Day. All are welcome to attend.