



St Vincent's

*Continuing the Mission of
the Sisters of Charity*

Palliative Care Day Centre



Details of client's first visit

Day _____

Time _____

Transport _____

Medication _____

Contact details

Margaret Mudford
Palliative Care Day Centre Coordinator
Tel: (03) 9854 1621 (direct)
Tel: (03) 9853 2344 (switchboard)

Address
Caritas Christi Hospice
104 Studley Park Road
Kew VIC 3101

The Palliative Care Day Centre Coordinator will phone the client one day prior to their planned attendance to confirm they will be attending.

Please contact the Palliative Care Day Centre if you are not able to attend.

Caritas Christi has trained volunteers who are sometimes able to assist with transport, but bookings are essential.

*Palliative Care
Day Centre*

Information for clients and families

Oct 2012

Mission

Our health service is based on and driven by our quest for:
Compassion – Justice – Human Dignity – Excellence – Unity

Welcome to the Palliative Care Day Centre

A day out and a day off

The Palliative Care Day Centre provides day respite for people who are living in the community with a progressive life threatening illness, but are well enough to enjoy a few hours away from home.

The Palliative Care Day Centre also aims to support the families of our clients by providing them with a few hours' break from their role as carers.

The Palliative Care Day Centre provides clients with enjoyment and social stimulation while also offering advice and support to enhance their quality of life.

Please note

The Palliative Care Day Centre has limited access to emergency equipment. In the event of a medical emergency a staff member will stay with the client until an ambulance arrives.

About the Palliative Care Day Centre

The Palliative Care Day Centre is part of St Vincent's and is located at Caritas Christi Hospice in Kew. The Palliative Care Day Centre overlooks a large garden.

The Palliative Care Day Centre is open to clients from 10am until 3pm on Tuesday, Wednesday and Thursday.

We offer a social focus, provided in a safe, friendly and supportive environment.

Benefits to the clients and carers attending the Palliative Care Day Centre are:

- 'A day out' giving the client an opportunity to participate in social activities and to mix with other people in similar situations
- 'A day off' to enable carers to continue work, social activities, interests or hobbies, or just enjoy some time out.

Experienced palliative care nurses and trained palliative care volunteers staff the Palliative Care Day Centre and are committed to offering the best possible care.

If a client's illness stabilizes and the services of the Palliative Care Day Centre are no longer appropriate, discharge from the program will be discussed with both the client and their family to determine the most appropriate way to manage ongoing care needs.

Activities

The Palliative Care Day Centre offers a range of activities for clients, understanding that a client's energy levels can vary. The activities are gentle and optional. They include massage, music, art, physiotherapy, games, celebrations, pet therapy, some gardening, guest speakers and discussion groups.

The Palliative Care Day Centre has reclining chairs for our clients who may just like to rest.

We welcome new ideas for activities; if there is something you are interested in, please feel free to discuss your interests with the Palliative Care Day Centre staff.

Fee

A gold coin donation would be appreciated for each visit.

Dietary needs

Please advise staff of any special dietary needs.

What to bring to the Palliative Care Day Centre

- Any medication (including pain relief) you may need whilst at the Palliative Care Day Centre. Staff do not administer medications, but will certainly assist.
- All aids including spectacles, hearing aids, walking aids and continence aids if required.
- Please bring an open mind, a sense of humour and any ideas for activities.