

## Getting here

*St George's in Kew*

- Tram: 109
- Bus: 547, 548, 624
- Parking is \$3/hour or \$10/day
- Just 3.5km from Eastlink

*St Vincent's Hospital in Fitzroy*

- Tram: Many, including 86, 96, 109, 11, 12
- Bus: 340, 350, 402, 684
- Short walk to Parliament Station
- Parking is \$9 for the first hour, up to a maximum of \$26/day

For more information about public transport options go to [www.ptv.vic.gov.au](http://www.ptv.vic.gov.au)

## Contact

For more information about sub-acute care at St Vincent's, speak to the nurse in charge on your ward.



# Moving to sub-acute care

Taking the next step to better health and wellbeing

## St Vincent's Hospital Melbourne is a public hospital. We provide high quality healthcare to the people of Victoria.

If you are very unwell or need surgery, you will be treated in our acute hospital in Fitzroy. When you are well enough you will:

- leave hospital and go home, or
- be transferred to one of our excellent sub-acute services in Kew or Fitzroy.

Sub-acute wards are usually quieter and more home-like than acute wards. This makes them the best environment for taking the next steps towards better health and wellbeing.

We're here to help you make the best recovery you can. We also need to meet the high demand for beds in our acute hospital. When you're ready for sub-acute care, it is important that we move you to the first bed available.

Our qualified staff will refer you to the right sub-acute service for you.

## Sub-acute care at St Vincent's

If you have been in our acute hospital you will move to sub-acute care when your health has improved or stabilised.

There are many different types of sub-acute care. The focus is on helping you achieve the best recovery you can. Our services include Rehabilitation, Geriatric Evaluation Management, and Transition Care.

We provide sub-acute care at two sites, but most beds are at our St George's campus in Kew. There are many renovated rooms and a new rehabilitation centre.

Getting to St George's is easy. It is very close to Eastlink, it's on the same tram line as St Vincent's in Fitzroy, and parking is \$3 an hour or \$10 a day.

If you live in regional or rural Victoria, we will provide sub-acute care until you can be transferred to a service closer to home.

