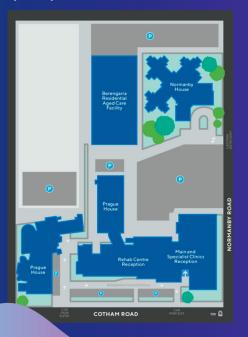


# Ward locations Building F, Bolte Wing (Level 2 Fitzroy)



#### Level 2 GEM (Kew)





Welcome to Geriatric Evaluation and Management (GEM)

Information for patients



#### What is the GEM ward?

Welcome to our Geriatric Evaluation and Management (GEM) ward.

We offer comprehensive interdisciplinary management of older patients with a range of medical problems and complex care needs. Our goal is to provide you with the care and support you need to improve your quality of life, optimise your independence and assist with discharge planning to ensure a safe and smooth transition from the hospital to your next care setting.

We are dedicated to providing you with the best treatment and support to enhance your wellbeing. If there is anything you need, please let us know.

We have two locations for inpatient GEM – Fitzroy and Kew. We are not able to allocate one location over another, unless there are specific medical issues requiring it. Generally, the sooner you can progress to GEM, the better.

### What happens in GEM?

During the first week of admission, a staff member will be allocated as your 'key person'. The key person is responsible for talking to you and your family about your short- and long-term goals and discharge date. Your length of your stay will depend on your individual needs.

During your time at GEM, you will be working with our interdisciplinary team, which includes doctors, nurses, physiotherapists, speech pathologists, occupational therapists, social workers, dietitians and pharmacists.

We will provide a comprehensive evaluation and a personalised treatment plan. The treating team meet daily to ensure that your therapy program and discharge planning is closely monitored and coordinated. You will participate in activities to help you regain or maintain function.



### What to bring

Our goal is to encourage independence and support a regular daily routine. We suggest bringing the following items:

Functional and comfortable everyday clothing and non-slip shoes	
Personal toiletries (toothbrush, soap, etc.)	
Family photos or familiar items	
Current medications and medical devices you may need	1.
Identification and health insurance details	2.
Family contact information	3.

Please avoid bringing valuable or sentimental belongings as the hospital is not responsible for lost or stolen items.

## Visiting hours

Visiting hours are 11:00am to 6:30pm every day.

#### Please note:

- Visitors are encouraged to check in at the front desk for additional information or guidance.
- Visitors can play an important role in patients' wellbeing and care while they
  are in hospital, and we encourage their attendance and participation. We do
  ask that visitors comply with infection control measures (and do not attend
  the hospital if unwell), assist in maintaining a calm environment when on the
  ward, and be mindful of allowing sufficient time for all patients to rest.
- There is metered parking and off-street parking options for both campuses.
- For discharge, drop off or pick up there is short-term parking at the rear of Bolte Wing (St Vincent's Hospital Melbourne) and at the front of St George's Hospital (including disabled parking). See map at the back of this brochure.

