

Discharge information for patients post pacemaker generator change

<p>Day of discharge</p>	<ul style="list-style-type: none"> ○ When discharged from hospital you should go home and rest. ○ Please note you have received a sedative drug which may impair your judgement over the next 24 hours. Therefore, you should not drive a vehicle, operate heavy machinery, or sign a legally binding document during this time. ○ You must have a friend or relative stay with you overnight. ○ You should stay in a location where you have access to a hospital with an emergency department open overnight. ○ You may eat and drink as normal. No alcohol until the following day.
<p>Wound care</p>	<ul style="list-style-type: none"> ○ Leave the dressing over the wound site on for 10 days as this is the most effective way of preventing infection. ○ The dressing is waterproof unless specified by your doctor, therefore showering is ok. ○ Once the dressing is removed, keep the site clean and dry. ○ Do not apply creams or powders to the area.
<p>Wound complications</p>	<ul style="list-style-type: none"> ○ An infection over the site is a serious (although rare) complication, therefore monitoring the site for signs of wound breakdown or infection is important. ○ If you notice any increased redness, heat, mucky discharge, or swelling then see your GP as soon as possible
<p>Activity</p>	<ul style="list-style-type: none"> ○ Avoid any heavy lifting or strenuous exercise for 10 days ○ You should be able to resume your regular activities and return to work the following week ○ No driving for 2 weeks.
<p>Follow-up</p>	<p>Pacing clinic:</p> <ul style="list-style-type: none"> ○ An appointment has been made for you in your local pacing clinic ○ A new pacemaker ID card has been issued to you. Carry this with you at all times
<p>Medications</p>	<ul style="list-style-type: none"> ○ A course of antibiotics has been prescribed for you. Make sure you complete the course to prevent infection of the wound.



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If you have any questions, do not hesitate to ask the nurse looking after you before you leave. We are happy to answer any questions you may have

Cardiac Investigation Unit phone number: - (03) 9231 3000