

## Discharge information for patients post DCR

<b>Day of discharge</b>	<ul style="list-style-type: none"> <li>○ When discharged from hospital you should go home and rest.</li> <li>○ Please note you have received a sedative drug which may impair your judgement over the next 24 hours. Therefore, you must not drive a vehicle, operate heavy machinery, or sign a legally binding document during this time.</li> <li>○ You must have a friend or relative stay with you overnight.</li> <li>○ You should stay in a location where you have access to a hospital with an emergency department open overnight.</li> <li>○ You may eat and drink as normal. No alcohol until the following day.</li> </ul>
<b>Activity</b>	<ul style="list-style-type: none"> <li>○ You may resume normal activities tomorrow if you feel fit to do so. If you feel unwell remain resting.</li> </ul>
<b>Medications</b>	<ul style="list-style-type: none"> <li>○ You are advised to continue your regular medications until you have your follow up appointment with your referring Cardiologist</li> </ul>
<b>Follow-up</b>	<ul style="list-style-type: none"> <li>□ Referring Cardiologist / General Practitioner:             <ul style="list-style-type: none"> <li>- Make an appointment to see your referring doctor in approximately 4 to 6 weeks' time. Test results will be forwarded to them.</li> </ul> </li> </ul>

If you have any questions, do not hesitate to ask the nurse looking after you before you leave. We are happy to answer any questions you may have

Cardiac Investigation Unit phone number: - (03) 9231 3000