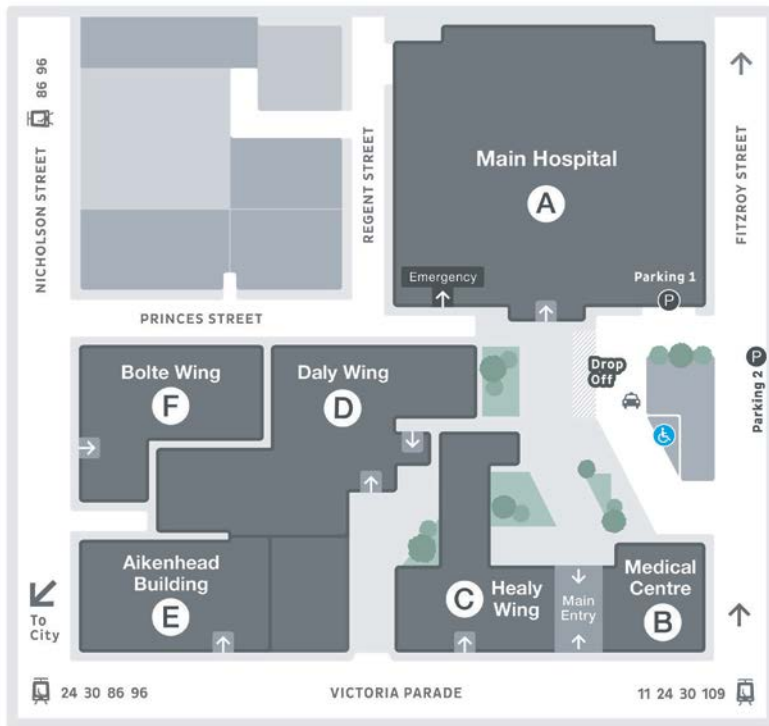


Continenence Clinic – Fitzroy

St Vincent's Hospital Barbara Walker Pain Management Clinic
2nd Floor, Building D (Daly Wing)
35 Victoria Parade, Fitzroy
Tel: 9231 4681

St Vincent's Specialist Clinics
PIER Centre
Building D (Daly Wing)
35 Victoria Parade, Fitzroy
Tel: 9231 8577



Inspired by You

Continenence Clinic

St George's Health Services – KEW
St Vincent's Hospital – Daly Wing – FITZROY



ST VINCENT'S HOSPITAL
MELBOURNE
A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

St Vincent's
PO Box 2900 Fitzroy
VIC 3065 Australia
(03) 9231 2211
www.svhm.org.au



StVincentsHospitalMelb
@StVincentsMelb
st-vincent's-hospital-melbourne
@stvincentsmelb

WHAT IS THE CONTINENCE CLINIC?

The Continence Clinic provides a service for people who have trouble with bladder or bowel function.

WHO NEEDS A BLADDER OR BOWEL CHECK-UP?

Have a continence check-up if you:

- Leak when you cough, laugh, sneeze, or play sport
- Need to rush to the toilet
- Do not get to the toilet in time
- Worry about having an accident when out
- Wake more than once at night to go to the toilet
- Plan your day around where are the toilets
- Feel your bladder does not empty properly
- Wear protection for bladder or bowel leakage

WHAT HAPPENS AT THE CHECK-UP?

Doctors, nurses and physiotherapists with special training work together to assess, treat or better manage bladder and bowel control problems. There are options available depending on what you need.

WHO CAN ATTEND?

People over the age of 16 years can attend. The Kew service is open to residents of Boroondara, Yarra and Darebin.

HOW DO I MAKE AN APPOINTMENT WITH THE CONTINENCE CLINIC?

Ask your GP or health carer for a referral. If you do not feel good about asking you can call HIP Central on 1300 131 470. Fax referrals to 9231 2202.

WHAT SHOULD I BRING TO THE CHECK-UP?

Bring a list of your medical and surgical history, your medications and any continence products you use.

Continence Clinic – Kew

St George's Health Service

283 Cotham Road, Kew

Tel: 9231 8577

HOW MUCH DOES IT COST?

There is no cost to attend. Some services are bulk-billed. There may be a small charge for the physiotherapy group classes and some physiotherapy equipment hire.

Parking is available via Normanby Road. Fees apply. Tram 109 stops directly in front of St George's.

