

Cognitive Dementia & Memory Service

Information for clients, families, carers, and referrers

What is the Cognitive Dementia and Memory Service?

The Cognitive Dementia and Memory Service (CDAMS) helps people over the age of 50 who are worried about memory loss or changes in their thinking.

CDAMS offers assessment, diagnosis, education, and referrals to other support services.

We also provide advice for families and carers.

Who can contact CDAMS?

CDAMS accepts referrals from:

- anyone over the age of 50 who has noticed worrying changes to their memory and thinking (the 'client')
- the client's family or carers
- general practitioners (GPs) or other health specialists treating the client.

When a family member makes a referral to CDAMS, the client must agree to be assessed.

What does CDAMS do?

CDAMS provides:

- expert clinical diagnosis
- information on treatments
- education and support
- advice on planning for the future
- information on managing day-to-day care
- links to other services, providers or community supports
- care that meets the needs of people from culturally and linguistically diverse backgrounds, using interpreters when needed
- access to a Geriatric Medical Clinic at St George's Health Service.

Early diagnosis is important for many reasons. It allows clients to get the right diagnosis and treatment for their condition. It also means that clients, families and carers can learn about the condition, understand changes when they happen, cope with the day-to-day challenges of cognitive impairment, and plan for the future.

Getting to St George's Health Service

CDAMS is based at St George's Health Service in Kew, which is part of St Vincent's Hospital Melbourne.

The address is 283 Cotham Road in Kew (Melways ref: Map 45 H6).

Travelling by car

Visitor parking is available at the rear of St George's for a small fee. Enter the carpark from Normanby Road.

Tram

Tram 109 stops directly outside St George's, near the corner of Normanby and Cotham roads.

Bus

Buses 547 and 548 travel from Latrobe University and Mont Park. Get off the bus at the corner of Burke Road and Cotham Road and either walk down Cotham Road (west) to St George's or catch tram 109 down Cotham Road.

Bus 624 travels from Kew to Oakleigh via Chadstone and Holmesglen. Get off the bus at the corner of John Street and Cotham Road. This bus connects with trains at Auburn Station.

