

Getting to St George's Health Service (continued)

Travelling by car

Visitor parking is available at the rear of St George's for a small fee. Enter the carpark from Normanby Road.

At the front of St George's there is a drop-off zone and very limited parking for specialist clinic clients. There is also some parking on side streets surrounding St George's.

Contact us

Cognitive Dementia and Memory Service

St George's Health Service
283 Cotham Road
Kew VIC 3101

Melways ref: Map 45 H6

Tel: (03) 9231 8577

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Cognitive Dementia and Memory Service

Information for clients, families, carers, and referrers



PO Box 2900 Fitzroy
VIC 3065 Australia
(03) 9288 2211
www.svhm.org.au

What is the Cognitive Dementia and Memory Service?

The Cognitive Dementia and Memory Service (CDAMS) helps people over the age of 50 who are worried about memory loss or changes in their thinking.

CDAMS offers assessment, diagnosis, education, and referrals to other support services.

We also provide advice for families and carers.

Who can contact CDAMS?

CDAMS accepts referrals from:

- anyone over the age of 50 who has noticed worrying changes to their memory and thinking (the ‘client’)
- the client’s family or carers
- general practitioners (GPs) or other health specialists treating the client.

When a family member makes a referral to CDAMS, the client must agree to be assessed.

What does CDAMS do?

CDAMS provides:

- expert clinical diagnosis
- information on treatments
- education and support
- advice on planning for the future
- information on managing day-to-day care
- links to other services, providers or community supports
- care that meets the needs of people from culturally and linguistically diverse backgrounds, using interpreters when needed
- access to a Geriatric Medical Clinic at St George’s Health Service.

Early diagnosis is important for many reasons. It means clients can get the right diagnosis and treatment for their condition. It also means that clients, families and carers can learn about the condition, understand changes when they happen, cope with the day-to-day challenges of cognitive impairment, and plan for the future.

What is involved in a CDAMS assessment?

A CDAMS assessment will include consultations with medical and allied health staff. The assessment may include a visit to the client’s home.

Sometimes, the client will be assessed by other specialists as well. For example:

- a geriatrician
- a psychogeriatrician
- a neuropsychologist
- a community nurse
- a social worker
- an occupational therapist.

When the assessment is complete, the CDAMS team will recommend a treatment plan and talk to the client about it.

The plan will also be shared with their family, carers and general practitioner, but only if the clients agree to that information being shared.

Getting to St George’s Health Service

CDAMS is based at St George’s Health Service in Kew, which is part of St Vincent’s Hospital Melbourne.

The address is 283 Cotham Road in Kew (Melways ref: Map 45 H6).

It is serviced by both trams and buses.

Tram

Tram 109 stops directly outside St George’s, near the corner of Normanby and Cotham roads.

Bus

Buses 547 and 548 travel from Latrobe University and Mont Park. Get off the bus at the corner of Burke Road and Cotham Road and either walk down Cotham Road (west) to St George’s or catch tram 109 down Cotham Road.

Bus 624 travels from Kew to Oakleigh via Chadstone and Holmesglen. Get off the bus at the corner of John Street and Cotham Road. This bus connects with trains at Auburn Station.