

Bedside commode

A guide for patients and their carers

Your occupational therapist is



9231 3850 and pager _____

Please follow these instructions to set up the bedside commode.

Contact your Occupational Therapist if you have any questions.

A family member or friend will need to set up the bedside commode for you. Your Occupational Therapist can show your carer how to do this.

Setting up the bedside commode

1. Ensure the height adjusting buttons are securely locked in position prior to use.



2. Place the commode against a wall in the bedroom. It should be away from power points unless you are told otherwise by the Occupational Therapist.



Before you go to bed

The seat and bucket lid should be removed before you go to bed.

Emptying the commode

Lift the commode seat and remove the bucket using the handle. Empty into the toilet as required.

Be safe

- Always place both hands onto the arms of the commode before sitting and standing.
- Ensure all four legs are on an even surface.
- Remove all mats and other possible trip hazards. These increase the risk of falling.

