

Aphasia

What is aphasia?

- Aphasia is sometimes called 'dysphasia'
- Aphasia is a language difficulty
- Aphasia does not affect intelligence

If you have aphasia, you may have trouble with

- Talking
- Understanding
- Reading
- Writing
- Using numbers

What causes aphasia?

Stroke or brain injury can cause aphasia

A speech pathologist can help you to

- Communicate in new ways
- Communicate better with friends and family

Will my aphasia get better?

- Some people with aphasia improve very quickly
- Some people with aphasia improve more slowly



Will my aphasia get better? (cont.)

- People with aphasia can keep improving for years
- There are no medications or treatments that cure aphasia

Tips for you

- Communicating can be very frustrating give yourself time
- Staying in touch with friends and family can help
- Meeting other people with aphasia can help

Tips for your communication partner

- Communicating is still very important for people with aphasia
- Talk clearly, using a normal tone of voice
- Give the person time to talk. Wait and listen
- Family and friends need ongoing support and friendship too

Useful websites

- The Australian Aphasia Association www.aphasia.org.au or phone: 1800 274 274
- Better conversations with aphasia www.ucl.ac.uk/betterconversations/aphasia

Talk to your speech pathologist for more information.

Your Speech Pathologist is:

