

Advanced Life Support 2 Course

The Australian Resuscitation Council ALS2 course provides a standardised approach to cardiopulmonary resuscitation in adults. The course is targeted at doctors, nurses, professional paramedics and other health care professionals who are expected to provide Advanced Life support in and out of hospital. The multidisciplinary nature of the course encourages efficient teamwork. By training together all ALS2 providers are given the opportunity to gain experience as both resuscitation team members and team leaders.

The ALS2 course teaches the knowledge and skills required to:

- recognise and treat the deteriorating patient using a standardised ABCDE approach
- deliver standardised CPR in adults
- manage a cardiac arrest by working with a multidisciplinary team in an emergency situation
- use non-technical skills to facilitate team leadership and effective team membership

The two day course was held at the Medical Placements building Adelaide, and there were 14 course participants. Prior to the course a manual was given with a pretest multiple choice question paper. On arrival we were divided into groups of five in which we did cardiac arrest simulation training and initial approach to the deteriorating patient with each having the chance to be a team leader demonstrating a systematic approach and also as a team member in different roles. There were also skill stations and workshop discussion in our groups. Lectures were attended as a whole group with all course participants. At the end of the course there was a summative assessment of a simulated scenario and a post test multiple choice question to ensure that the required standard required by the Australian Resuscitation Council has been reached.

The training received is valuable and the training methods using blended training techniques ensured that there was diversity and a stimulated learning environment. The course provided means of networking and meeting new people as well as giving confidence and emphasising the importance of a systematic approach in resuscitation. I have been identified as having instructor potential and having gone through the course would like to work towards having an Advanced Life Support Course run in the Solomon Islands

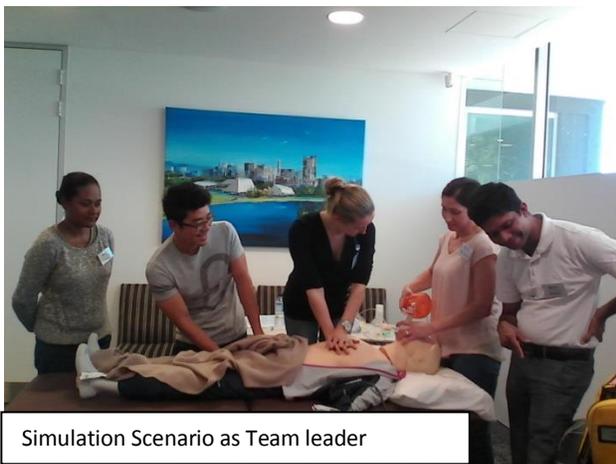
I would like to thank the course organizers, Dr Matthew Wright and the St Vincent Pacific Health Fund for making it possible for me to attend this worthwhile course.



Course Participants



My Group Members



Simulation Scenario as Team leader