

Straight Up Brief Training Guide – Lyn

Lyn wonders what happened to the little boy she knew and wished she'd known more about her son's issues before his suicide.

Themes from video	Questions What are the key Integrated Care elements of Lyn's story?	Principles of Integrated Care Practice, tools and resources
1. Son suicided	<p>For staff to consider:</p> <ul style="list-style-type: none"> At which point would you intervene? What tools might you use? What other issues do you need to consider? What services would you call? DIRECT LINE? Psychiatric Triage? <p>For consumers to consider:</p> <ul style="list-style-type: none"> If you were Lyn, at what point would you seek assistance? What services would you call? DIRECT LINE? Psychiatric Triage? <p>For carers to consider:</p> <ul style="list-style-type: none"> If Lyn's son was someone you cared for at what point would you seek assistance? What skills do you think you would need to assist your caring role? What services would you call to assist yourself? Tandem? Family Drug Help? Mental Health and Wellbeing Connect? Etc. 	<ul style="list-style-type: none"> Welcoming, responsive and hopeful Person and family centred No wrong door Core business Integrated treatment Recovery orientated Harm reduction <p>Possible Tool: Carers Can Ask https://www.svhm.org.au/our-services/departments-and-services/n/nexus/carers-can-ask</p> <p>Websites: https://www.svhm.org.au/our-services/departments-and-services/n/nexus https://comorbidityguidelines.org.au/ https://www.health.vic.gov.au/mental-health/about-victorias-mental-health-services http://www.directline.org.au/</p>
2. Photo makes me feel good and makes me wonder		
3. Son was in help when he died		
4. He had been in a psych unit 2 years prior		
5. Electro treatment		
6. Felt staff didn't want me to know anything		
7. Family is a primary source of information		
8. If he could have told me more I would have helped him		