



This is a very brief training guide intended to stimulate discussions about dual diagnosis issues and practice

Straight Up Brief Training Guide - Lyn

Lyn wonders what happened to the little boy she knew and wished she'd known more about her son's issues before his suicide.

Themes from Video	Questions	Principle of Dual Diagnosis Practice Tools and resources
1. Son suicided	<p>What are the key dual diagnosis elements of Lyn's story?</p> <p>For staff to consider:</p> <ul style="list-style-type: none"> • At which point would you intervene? • What tools might you use? • What other issues do you need to consider? • What services would you call? DIRECT LINE? Psychiatric Triage? <p>For consumers to consider:</p> <ul style="list-style-type: none"> • If you were Lyn, at what point would you seek assistance? • What services would you call? DIRECT LINE? Psychiatric Triage? <p>For carers to consider:</p> <ul style="list-style-type: none"> • If Lyn's son was someone you cared for at what point would you seek assistance? • What skills do you think you would need to assist your caring role? • What services would you call to assist yourself? Mind Carer Helpline? Family Drug Help? Tandem? etc 	<ul style="list-style-type: none"> • Welcoming, responsive and hopeful • Person and family centred • No wrong door • Core business • Integrated treatment • Recovery orientated • Harm reduction <p>Possible Tools:</p> <p>Reasons For Use Package, Before During After, Carers Can Ask, Consumers Can Ask etc (These tools may require further training)</p> <p>Websites:</p> <p>https://www.svhm.org.au/our-services/departments-and-services/n/nexus</p> <p>https://comorbidityguidelines.org.au/</p> <p>http://www3.health.vic.gov.au/mentalhealth/services/adult/index.htm</p> <p>http://www.directline.org.au/</p>
2. Photo makes me feel good and makes me wonder		
3. Son was in help when he died		
4. He had been in a psych unit 2 years prior		
5. Electro treatment		
6. Felt staff didn't want me to know anything		
7. Family is a primary source of information		
8. If he could have told me more I would have helped him		

