

Straight Up Brief Training Guide – Lem Lei

Lem Lei describes her own journey from a naive young girl to addiction and the importance of being treated as a person.

Themes from video	Questions What are the key Integrated Care elements of Lem Lei's story?	Principles of Integrated Care Practice, tools and resources
1. Seeing and hearing things that weren't really there	<p>For staff to consider:</p> <ul style="list-style-type: none"> At which point would you intervene? What tools might you use? What other issues do you need to consider? E.g. How to instil hope What services would you call? DIRECT LINE? Psychiatric Triage? <p>For consumers to consider:</p> <ul style="list-style-type: none"> If you were Lem Lei, at what point would you seek assistance? What services would you call? DIRECT LINE? Psychiatric Triage? <p>For carers to consider:</p> <ul style="list-style-type: none"> If she was someone you cared for, at what point would you seek assistance? What skills do you think you would need to assist your caring role? What services would you call to assist yourself? Tandem? Family Drug Help? Mental Health and Wellbeing Connect? Etc. 	<ul style="list-style-type: none"> Welcoming, responsive and hopeful Person and family centred No wrong door Core business Integrated treatment Recovery orientated Harm reduction <p>Possible Tools:</p> <p>Reasons For Use Package, Before During After, Carers Can Ask, Consumers Can Ask etc (These tools may require further training).</p> <p>Websites:</p> <p>https://www.svhm.org.au/our-services/departments-and-services/n/nexus</p> <p>https://comorbidityguidelines.org.au/</p> <p>https://www.health.vic.gov.au/mental-health/about-victorias-mental-health-services</p> <p>http://www.directline.org.au/</p>
2. Boyfriend a heroin addict		
3. Didn't understand anything about drugs		
4. Physical violence		
5. Got admitted		
6. Psychiatrist saved my life - hope		
7. Family mediation really helpful		
8. Helping others helped me		