

Straight Up Brief Training Guide – Johan

Johan explains his path to addiction and recovery and how being treated like a normal human being gave him the motivation to see it through.

Themes from video	Questions What are the key Integrated Care elements of Johan’s story?	Principles of Integrated Care Practice, tools and resources
1. Dad aggressive	<p>For staff to consider:</p> <ul style="list-style-type: none"> • At which point would you intervene? • What tools might you use? • What other issues do you need to consider? • What services would you call? DIRECT LINE? Psychiatric Triage? <p>For consumers to consider:</p> <ul style="list-style-type: none"> • If you were Johan, at what point would you seek assistance? • What services would you call? DIRECT LINE? Psychiatric Triage? <p>For carers to consider:</p> <ul style="list-style-type: none"> • If he was someone you cared for, at what point would you seek assistance? • What skills do you think you would need to assist your caring role? • What services would you call to assist yourself? Tandem? Family Drug Help? Mental Health and Wellbeing Connect? Etc. 	<ul style="list-style-type: none"> • Welcoming, responsive and hopeful • Person and family centred • No wrong door • Core business • Integrated treatment • Recovery orientated • Harm reduction <p>Possible Tools:</p> <p>Reasons For Use Package, Before During After, Carers Can Ask, Consumers Can Ask etc (these tools may require further training).</p> <p>Websites:</p> <p>https://www.svhm.org.au/our-services/departments-and-services/n/nexus</p> <p>https://comorbidityguidelines.org.au/</p> <p>https://www.health.vic.gov.au/mental-health/about-victorias-mental-health-services</p> <p>http://www.directline.org.au/</p>
2. Didn’t finish high school		
3. The scene		
4. Something told me I needed to get out. Approached friend’s worker		
5. Subliminally suggested recovery and detox. Simple stuff – “You’re a good bloke”		
6. Not instant – seeds that get planted		
7. Changed 180 degrees		
8. Working on emotions was the hard part		