



This is a very brief training guide intended to stimulate discussions about dual diagnosis issues and practice

## Straight Up Brief Training Guide - Johan

Johan explains his path to addiction and recovery and how being treated like a normal human being gave him the motivation to see it through..

Themes from Video	Questions	Principle of Dual Diagnosis Practice Tools and resources
1. Dad aggressive	<p><b>What are the key dual diagnosis elements of Johan's story?</b></p> <p><b>For staff to consider:</b></p> <ul style="list-style-type: none"> <li>• At which point would you intervene?</li> <li>• What tools might you use?</li> <li>• What other issues do you need to consider?</li> <li>• What services would you call? DIRECT LINE? Psychiatric Triage?</li> </ul> <p><b>For consumers to consider:</b></p> <ul style="list-style-type: none"> <li>• If you were Johan, at what point would you seek assistance?</li> <li>• What services would you call? DIRECT LINE? Psychiatric Triage?</li> </ul> <p><b>For carers to consider:</b></p> <ul style="list-style-type: none"> <li>• If he was someone you cared for at what point would you seek assistance?</li> <li>• What skills do you think you would need to assist your caring role?</li> <li>• What services would you call to assist yourself? Mind Carer Helpline? Family Drug Help? Tandem? etc</li> </ul>	<p><b>Principle of Dual Diagnosis Practice</b></p> <ul style="list-style-type: none"> <li>• Welcoming, responsive and hopeful</li> <li>• Person and family centred</li> <li>• No wrong door</li> <li>• Core business</li> <li>• Integrated treatment</li> <li>• Recovery orientated</li> <li>• Harm reduction</li> </ul> <p><b>Possible Tools:</b></p> <p>Reasons For Use Package, Before During After, Carers Can Ask, Consumers Can Ask etc (These tools may require further training)</p> <p><b>Websites:</b></p> <p><a href="https://www.svhm.org.au/our-services/departments-and-services/n/nexus">https://www.svhm.org.au/our-services/departments-and-services/n/nexus</a></p> <p><a href="https://comorbidityguidelines.org.au/">https://comorbidityguidelines.org.au/</a></p> <p><a href="http://www3.health.vic.gov.au/mentalhealth/services/adult/index.htm">http://www3.health.vic.gov.au/mentalhealth/services/adult/index.htm</a></p> <p><a href="http://www.directline.org.au/">http://www.directline.org.au/</a></p>
2. Didn't finish high school		
3. The scene		
4. Something told me I needed to get out. Approached friend's worker		
5. Subliminally suggested recovery and detox. Simple stuff – “You're a good bloke”		
6. Not instant - Seeds that get planted		
7. Changed 180 degrees		
8. Working on emotions was the hard part		