

Straight Up Brief Training Guide - Brendan

Brendan speaks about his suicide attempts and what has really helped his recovery.

Themes from Video	Questions	Principle of Dual Diagnosis Practice Tools and resources
1. Family and school issues	<p>What are the key dual diagnosis elements of Brendan's story?</p> <p>For staff to consider:</p> <ul style="list-style-type: none"> • At which point would you intervene? • What tools might you use? • What other issues do you need to consider? • What services would you call? DIRECT LINE? Psychiatric Triage? <p>For consumers to consider:</p> <ul style="list-style-type: none"> • If you were Brendan, at what point would you seek assistance? • What services would you call? DIRECT LINE? Psychiatric Triage? <p>For carers to consider:</p> <ul style="list-style-type: none"> • If he was someone you cared for at what point would you seek assistance? • What skills do you think you would need to assist your caring role? • What services would you call to assist yourself? Mind Carer Helpline? Family Drug Help? Tandem? etc 	<p>Possible Tools:</p> <ul style="list-style-type: none"> • Welcoming, responsive and hopeful • Person and family centred • No wrong door • Core business • Integrated treatment • Recovery orientated • Harm reduction <p>Reasons For Use Package, Before During After, Carers Can Ask, Consumers Can Ask etc (These tools may require further training)</p> <p>Websites:</p> <p>https://www.svhm.org.au/our-services/departments-and-services/n/nexus</p> <p>https://comorbidityguidelines.org.au/</p> <p>http://www.health.vic.gov.au/mentalhealth/services/adult/index.htm</p> <p>http://www.directline.org.au/</p>
2. 'Wagging school and unhappy'		
3. Didn't know who to talk to		
4. First attempt at suicide		
5. Plan to go to jail		
6. Emergency department response		
7. I don't want to do this		
8. Get up, get out of bed and do something		