

# Nexus Training Calendar 2018

Conference Room, Level 1, Bolte Wing,

14 Nicolson Street, Fitzroy 3065

Time: 9am to 4pm Cost: \$30 per day

Nexus provide capacity building support to services and individuals across Public Mental Health, AOD and Mental Health Community Support Services.

Register online for the training via the links below. Certificates will be provided for each session, and can be counted towards your annual CPD requirements. Please note that for the blended courses, certificates will only be provided for participants who complete both the online modules as well as the face to face session.

If there are any training sessions you would like to book but are unavailable or you cannot attend please contact Nexus. Also, training opportunities can be offered to services on request in relation to various topics and tools, including - RFUP, BDA, Reflective Practice, etc. Contact Nexus to express your interest.

Nexus - (03) 9231 2083 - [nexus@svha.org.au](mailto:nexus@svha.org.au) - <http://bit.ly/vddinexus>

## Dual Diagnosis Essentials (Blended)

*Facilitator: Kevan Myers*

Introduction to the key principles of dual diagnosis: including recognition, knowledge and practice tools. *[Participants are expected to complete three 20 minute online modules prior to this session]*

**16<sup>th</sup> August (Thursday)**

Register: <http://2018dd.eventbrite.com.au>

## Amphetamine-Type Substances (ATS)

*Facilitator: Merissa van Setten*

Gain an insight into the prevalence of ATS use, the mechanisms of action of these drugs and the consequent behaviour. We will also cover interventions and practice issues for workers.

**23<sup>rd</sup> August (Thursday)**

Register: <http://2018ats.eventbrite.com.au>

## Motivational Interviewing (MI) (2 Days)

*Facilitator: Kevan Myers*

Participants will gain an understanding of the spirit of Motivational Interviewing and be introduced to the four stages of MI, the core OARS micro-skills, and practical application of these principles.

**15<sup>th</sup> October (Monday) and 22<sup>nd</sup> October (Monday)**

Register: <http://2018mi.eventbrite.com.au>

## Complex Trauma & Dual Diagnosis

*Facilitator: Ange Wallace*

The day will explore strategies and approaches to work with consumers who have experienced trauma and present with dual diagnosis, as well as difficulties with emotion regulation, and impulse control and distress tolerance.

**1<sup>st</sup> November (Thursday)**

Register: <http://2018ddtrauma.eventbrite.com.au>