



# The Iceman Cometh: Drugs, Alcohol and Mental Health Conference

Friday 24th  
February 2017

St. Vincent's Hospital and The University of Melbourne in conjunction with Penington Institute are delighted to be hosting this important one day symposium. Themed presentations will address a range of key issues in Drug and Alcohol and Mental Health covering cannabis; methamphetamine; the impact of licit and illicit drugs on health services; and policy, policing and public health.



**International Keynote Speaker:**  
DAVID NUTT, DM, FRCP, FRCPsych, FMedSci

David Nutt is a psychiatrist and the Edmund J. Safra Professor of Neuropsychopharmacology in the Division of Brain Science, Dept of Medicine, Hammersmith Hospital, Imperial College London. Here he uses a range of brain imaging techniques to explore the causes of addiction and other psychiatric disorders and to search for new treatments. He has published numerous original research papers, and reviews and books chapters, as well as 30 books, including one for the general public, *Drugs: without the hot air*, that won the Transmission Prize in 2014. He is currently the President of the European Brain Council and Founding Chair of DrugScience.org.uk (formerly the Independent Scientific Committee on Drugs (ISCD)).

**Plus an array of leading local and interstate experts in the field!**

Friday 24th February 2017  
St. Vincent's Mental Health & The University of Melbourne  
In conjunction with Penington Institute  
St. Vincent's Hospital, Melbourne, Australia, Michael Chamberlain Lecture Theatre  
Aikenhead Building (Cnr Victoria Pde & Nicholson St)  
Fitzroy, Victoria 3065



FRIDAY 24th FEBRUARY 2017

8:00am-8:30am CONFERENCE REGISTRATION

8:30am-8:45am WELCOME ADDRESS

8:45am-10:30am	CANNABIS (3 x 25 min talks plus 5 min Q & A; 15 min discussion)	
Discussant: Chris Hynan	Iain McGregor (Sydney)	Neurobiology
	David Castle (Melbourne)	Psychiatric effects
	Yvonne Bonomo (Melbourne)	Medicinal cannabis

MORNING TEA

11.00 -12.00	Keynote 1—David Nutt (UK) 45 min plus 15 min Q & A	Which drugs are really harmful and which are actually quite therapeutic?
12.00—1.00	Keynote 2—Dr Tony Gill (Sydney) 45 min plus 15 min Q & A	Older people and drugs & alcohol

LUNCH

2:00pm-3:30pm	THE IMPACT OF LICIT AND ILLICIT DRUGS ON HEALTH SERVICES (5 x 8 min talks plus 2 min Q & A; 20 min discussion)	
Discussant: Jennie Hutton	Nga Tran (Melbourne)	Smoking cessation policies in a mental health setting
	Tiffany Plummer (Melbourne)	Code Greys in a General Hospital: impact of drugs and alcohol
	Claire Ewing (Melbourne)	Aggression on a psychiatric unit: impact of drugs and alcohol
	Diane Warburton (Melbourne)	Alcohol in the ED
	Kah-Seong Loke (Melbourne)	Dealing with ice intoxication
	Michelle Fenton (Melbourne)	Methamphetamine Recovery and Support Program (MARSP) - 18 min + 2 min D & A

AFTERNOON TEA

4.00—5.00	POLICY: POLICING, POLITICS, PUBLIC HEALTH	
Panel discussion facilitated by John Ryan	David Nutt	Division of Brain Science, Dept of Medicine, Hammersmith Hospital, Imperial College London (UK)
	John Silvester	Crime Writer, The Age (Melbourne)
	Jenny Kelsall	Harm Reduction Victoria (Melbourne)
	Steve Fontana	Assistant Commissioner, Victoria Police (Melbourne)

5.00—5.15 CLOSING ADDRESS—Prof. Ian Everall, The University of Melbourne

## Speakers:

### Ian McGregor

Iain McGregor is Professor of Psychopharmacology, NHMRC Principal Research Fellow and Director of the Psychopharmacology Laboratory at the University of Sydney. Iain's research focuses on the effects of recreational drugs and prescription drugs on brain and behaviour and also involves development of new medications for the treatment of various diseases. His research spans medicinal chemistry, the use of cellular assays and preclinical animal models of disease, and also clinical trials in humans. Iain has a strong interest in the area of medicinal cannabis and cannabinoids and is Director of Preclinical Research at the *Lambert Initiative for Cannabinoid Therapeutics* at the University of Sydney.

### David Castle

David is Chair of Psychiatry at St Vincent's Health and The University of Melbourne. He has wide clinical and research interests, encompassing schizophrenia and related disorders, bipolar disorder, cannabis abuse, OCD spectrum disorders and disorders of body image. He has published over 600 papers and chapters; and 22 books. His broader interests include music, literature, theatre and art.

### Yvonne Bonomo

Yvonne Bonomo is a Physician in Addiction Medicine and Director of the Department of Addiction Medicine at St Vincent's Hospital Melbourne. She works with people with alcohol and drug problems through clinical practice, research and professional and community education. She is Associate Professor in Medicine at the University of Melbourne and also Medical Head of the Women's Alcohol and Drug Service (WADS). She serves on the board of YSAS (Youth Health Advocacy Service) and has served on the Board of the Australian Drug Foundation. Yvonne has filled a number of roles on the behalf of the Australasian Chapter of Addiction Medicine (AChAM), Royal Australasian College of Physicians including Chair of Education and President of AChAM. She is also an Expert Advisor to the World Health Organisation (WHO) Western Pacific Regional Office on alcohol and substance use in young people.

### Anthony (Tony) Gill

Anthony (Tony) Gill is a Senior Staff Specialist in the Alcohol and Drug Service at St Vincent's Hospital Sydney, and Medical Director of the Central Coast Local Health District Drug and Alcohol Service. He is Co-Chair of the NSW Agency of Clinical Innovation Drug and Alcohol Network, and Vice President/President-Elect of APSAD. He has worked in the Drug and Alcohol field in a range of roles for over 25 years and is now working primarily as a clinician.

### Tiffany Plummer

Tiffany Plummer is the Aggression Coordinator at St Vincent's Hospital Melbourne and a Hospital Afterhours Coordinator. She is responsible for programs to train employees in aggression prevention and management strategies as well as to investigate critical incidents of aggression. She chairs the Aggression Prevention Management Committee and is currently a member of the DHSS Violence in Healthcare Reference Group as well as a member on the DHSS Physical Restraint Advisory group.

### Nga Tran

Nga is the Pharmacist In-Charge/Specialist Mental Health Pharmacist at SVMH and the Honorary Fellow at Department of Psychiatry at The University of Melbourne. Since 1997 she has been involved in a significant number of projects aimed at enhancing medication concordance. She is also the project manager of [www.asmile.org.au](http://www.asmile.org.au): a one-stop-shop web-based mental health information for consumers, carers and mental health clinicians.

### Claire Ewing

Final year psychiatric registrar presenting findings from a clinical audit she conducted while the research registrar at St Vincent's Mental Health Service in 2015.

### Kah-Seong Loke

Kah-Seong Loke is Consultant Psychiatrist with Nexus Dual Diagnosis Service, based at St Vincent's Hospital, and with Eastern Dual Diagnosis Service, based at Turning Point/Eastern Health, and an honorary clinical lecturer with the University of Melbourne. He has special interests in amphetamine use disorders, older persons, and people of Aboriginal and CALD backgrounds.

### Steve Fontana

Steve is Assistant Commissioner, Victoria Police Command. Crime Command is responsible for conducting high level specialist investigations to detect, disrupt and prevent serious and organised crime across the State. The Command has 24 specialist work units within its seven Divisions, which include the Organised Crime, State Anti-Gangs, Finance & Cybercrime, Serious Crime Operations, Serious Crime (Sexual and Family Violence), Specialist Support and Operations Support Divisions.

### Jenny Kelsall

Jenny has long been a passionate advocate for harm reduction approaches to drug use and to drug law reform. Jenny has worked on a wide range of peer-based research and education initiatives across Australia and Asia in the areas of HIV, viral hepatitis & injecting drug use. Jenny is currently employed as the Executive Officer at Harm Reduction Victoria (formerly VIVAIDS), the drug user organisation for Victoria.

### John Silvester

John Silvester is a Walkley-award winning crime writer and columnist at The Age. A co-author of the best-selling books that formed the basis of the hit Australian TV series *Underbelly*, Silvester is also a regular guest on 3AW with his 'Sly of the Underworld' segment.

## CONFERENCE REGISTRATION

FULL REGISTRATION

\$150+ \$15 GST

STAFF RATE

\$100 + \$10 GST

(ST. VINCENT'S, UNIVERSITY OF MELBOURNE AND PENINGTON STAFF)

TRAINEES/STUDENTS\*

\$100 + \$10 GST

BOOK EARLY!  
PLACES ARE  
STRICTLY  
LIMITED!

**TO REGISTER FOR THIS EVENT PLEASE LOG ON TO:**

**<http://ecommerce.mdhs.unimelb.edu.au/categories.asp?cID=99>**

### Posters:

If you wish to present a poster please email a brief abstract to Prof David Castle ([david.castle@svha.org.au](mailto:david.castle@svha.org.au)) by 31 December 2016 at the latest

Certificates of Attendance will be posted on completion of the Conference, upon request

Please contact Mary Veljanovska on (03) 9231 4751 or [mary.veljanovska@svha.org.au](mailto:mary.veljanovska@svha.org.au) for any queries

## local parking

St. Vincent's Hospital has limited day parking available on site. Enter from Fitzroy Street off Victoria Parade. Sorry no parking vouchers or validation is available.

Parking is also available at competitive rates at the Melbourne Museum (entry via Rathdowne St or Nicholson St). Melways Ref: 2BH10. Meter parking is available in the streets surrounding the hospital but please note Council parking officers are vigilant so take care to note parking restrictions.

## public transport

TRANSPORT	ROUTE NUMBER	STOP
Train		City loop train - Parliament
Tram	86 & 96	Trams stop Nicholson St
Tram	23, 24, 30, 34 & 109	Trams stop Victoria Parade

For further detailed transport information visit:  
<http://www.ptv.vic.gov.au/>

## accommodation

A special conference rate has been arranged for delegates requiring local accommodation at Mantra on the Park.

To access this rate please email: [park.res@mantra.com.au](mailto:park.res@mantra.com.au) with date, name, room type, credit card details (guarantee). One and two bedroom apartments are available. Please contact Mantra on the Park on (03) 9668-2510 for any further enquiries.

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### TERMS & CONDITIONS

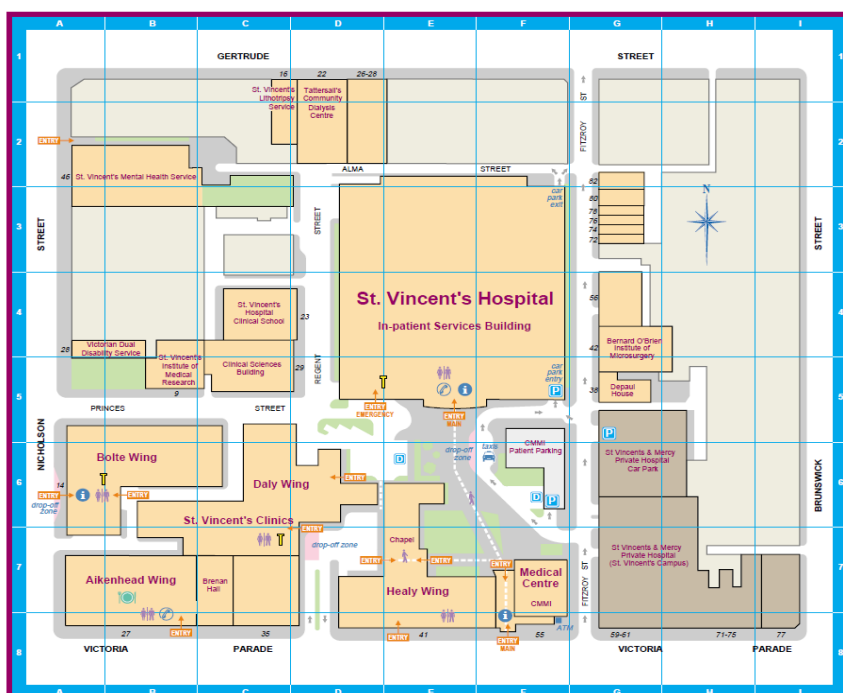
The conference fee is inclusive of GST and in Australian dollars. The conference fee includes attendance at the respective conference sessions, morning tea, lunch and afternoon tea. The registration fee covers the full day event. Registrations can be shared or split but the Secretariat must be notified in writing at the time of registration.

**Cancellation Policy:** Must be in writing and directed to the conference organisers. If received more than 21 days prior to conference, a full refund will be issued. If received less than 21 days prior, refund less a cancellation fee of \$50 applies.

**Liability:** The organisers will make every effort to ensure the event and the program will take place as advertised, however organisers do not take responsibility for changes or disruptions that may occur resulting from events beyond their control. The program is subject to change without notice.

**Privacy:** The information you provide on this form is being collected for the purpose of processing your registration or inquiry. This information will not be provided to anyone other than contractors who provide services for the conference and who, in the completion of these services, require access to such details or unless compelled or permitted by law.

## St. Vincent's Hospital Melbourne Campus Map



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