

# Before During After Harm Reduction Tool

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**Nexus**  
Integrated Care

## What is it?

A practical, structured approach to discussing harm reduction with consumers

## What does it do?

The data we have so far indicates that it:



**Provides a structure and approach for conversations about harm reduction**



**Builds staff and consumer insight into possible ways to reduce harm**



**Increases staff confidence in having conversations about harm reduction**



**Gives staff and consumers a greater number of harm reduction options to explore**



**Gives staff and consumers a greater understanding of various issues related to harm reduction**



**Provides ideas for other treatment approaches**



**Provides organisations with a structure for building harm reduction into practice**

## Where can I find out more?

Contact [nexus@svha.org.au](mailto:nexus@svha.org.au)

[www.svhm.org.au/our-services/departments-and-services/n/nexus/bda](http://www.svhm.org.au/our-services/departments-and-services/n/nexus/bda)

**Harm reduction may be complex  
but simple tools can help**