

# FEES

## Fiberoptic Endoscopic Evaluation of Swallowing

### What is a FEES?

A FEES is a test that looks at your swallowing. You do not need to fast before the test.

### Why should I have a FEES?

- to see how food and drink moves through your throat
- to check if food and drink is going into your lungs
- to help the speech pathologist work out the safest food and drink for you

### What happens during the FEES

- a small tube will be passed through your nose and into your throat
- the tube has a camera on it that is connected to a TV
- the speech pathologist will give you food and drink to swallow
- a nurse will be there to help
- sometimes a doctor will be there to watch or help
- the test should take around 15 minutes
- the test will be recorded

## What happens after the FEES?

The speech pathologist will recommend if you need to

- change the food and drink you have
- use strategies or exercises to help you swallow

You can ask to watch the recording of your test.

## Are there any risks?

Uncommon risks include

- nose bleed
- fainting
- gagging

You may feel uncomfortable when the tube goes through your nose.

## Where is the FEES done?

- Blue Clinic, Building D (Daly Wing) St Vincent's Hospital
- Appointments are on Thursday morning

Talk to your speech pathologist for more information.

Your speech pathologist is:

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