

# The Font



ST VINCENT'S  
HOSPITAL  
MELBOURNE



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Celebrating a  
lifelong love affair

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Leading the way  
in innovation  
and excellence

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Man's best friend  
making a difference





## Message from the CEO

Healthcare is about people and community; it's the ultimate human service. In this issue of The Font we put the spotlight on the St Vincent's community – our patients, staff, volunteers, and supporters – how they work together and form partnerships, bonds, and friendships. Generations of families have worked at St Vincent's, and even the occasional marriage has had its beginnings here, as you'll learn on page 3.

### St Vincent's Melbourne recently won five of the six categories at this year's SVHA Innovation and Excellence Awards, with two of our entrants sharing the top prize.

St Vincent's Melbourne is part of an even larger community, the St Vincent's Health Australia group, which has 27 health and aged care facilities in Queensland, New South Wales and Victoria. Despite the strong competition, St Vincent's Melbourne recently won five of the six categories at this year's SVHA Innovation and Excellence Awards, with two of our entrants sharing the Chairman's Award. For our staff to shine so brightly was a fitting reward for their outstanding work. The winning entries are diverse but they share a clear commitment to our patients and to St Vincent's values – compassion, justice, integrity, and excellence. You can read more about the winners on page 4–5, where you'll also meet Stephen Tippet, who has led a transformation of our meals service, a change which has been

warmly welcomed by patients and recognised by his peers, with Stephen being named Catholic Health Australia's Emerging Leader of the Year.










Generosity is another defining characteristic of the St Vincent's community. We see it in the teams forming to take on the 2016 Murray to Moyne Cycling Classic and the peaks of the French Pyrenees, all to raise money for our hospital. It's also clear in the dedication of our volunteers, who gave 40,000 hours of their time last year. On page 10 you will meet two of those volunteers, Marg Kleeman and her four-legged friend Bertie, who help to brighten the day for our patients.

That generosity of spirit extends to our patients. In this issue of the Font we introduce you to Stephan and Peter, who discovered a shared love of art as they each fought their way back to health after a stroke. It was the beginning of a lasting friendship, which has only grown stronger as they have supported each other through the difficult process of recovery and rehabilitation. Now, despite their ongoing challenges, they are giving back, sharing their experience of stroke with speech pathology students at St Vincent's. Stephan and Peter are an inspiring example and theirs is a priceless gift which will not only help those students as they prepare to enter the workforce, but will benefit every patient they meet in the larger healthcare community beyond the St Vincent's campus.

I hope you enjoy this edition of the Font.

Angela Nolan  
Acting Chief Executive Officer

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EnVision 2025 is the roadmap for the next 10 years for how SVHA will deliver on our mission to bring God's love to those in need through the healing ministry of Jesus.

Throughout this and future editions of The Font we will be communicating on our three main focus areas:

**Mission:** Serving something greater

**Growth:** Seeing something greater

**Excellence:** Striving for something greater



## Nursing at St Vincent's: Celebrating a lifelong love affair

Beverley Elliott and 13 of her classmates were complete strangers to each other when they commenced their nursing training at St Vincent's on 21 September 1955. The hospital didn't take trainees under the age of 18, so St Vincent's was not only a part of their career, it was also an integral part of their coming of age.

But as they looked forward to fulfilling their dreams of becoming nurses, little did they know that they would be forming friendships that would outlive their careers and see them well into retirement.

'We lived in a little, two storey house in Princes Street for the first six weeks – and that's where we got to know each other,' Beverley said.

'The best part of all was that we lived in; that's why we're still together 60 years later.'

Fast forward to 21 September 2015, Beverley and her friends of precisely six decades, were in a function room at St Vincent's, reminiscing about their careers, friendship and even their love lives.

With a 120 year history, St Vincent's knows the value and importance of recognising milestones and has a program of holding reunion events for its retired workforce.

The former nurses say they enjoyed working at St Vincent's and that they were appreciated and valued as employees – and all have good memories of times spent looking after patients.

The reunions remind them that their contributions to St Vincent's are still appreciated and valued and that they are an important part of the hospital's history. It's easy to see how fond they are of the hospital and how intertwined they are with it and its values.

Beverley's time at St Vincent's led to another encounter that would have an even more significant effect on her life. And it was the highlight of the discussions at the September reunion.

Beverley came to the reunion with her husband, Gavin – who's known her friends almost as long as she has.

'We were introduced by a friend of my sister who was nursing with Beverley,' Gavin said. 'And I looked her up and down and said: 'She is for me!'[laughter]... and we're still together.'

'We have three sons and I had them all at St Vincent's maternity, and I had three of my friends whom I trained with looking after me in the maternity wards,' Beverley said.

'I love all my nursing friends,' she added.

'We have grown up together, we were adults together, we've seen all our children grow up together, and now our grandchildren. And we will grow older together, hopefully.'



Above: Beverley Elliott met her husband Gavin during her nursing training at St Vincent's 60 years ago.'





# Leading the way in innovation and excellence

St Vincent's Hospital Melbourne has excelled in the St Vincent's Health Australia Innovation and Excellence Awards, claiming five Awards – with two of the entrants sharing the Chairman's Award for Excellence.

The Awards were announced at a gala dinner on 13 October, with representatives from across SVHA's 27 facilities and 17,000 staff. The winning entries are diverse but they share a clear commitment to our patients, to excellence and innovation, and to our mission and values.

Teams from St Vincent's Melbourne won five of the six awards on offer, for person-centred care, clinical education and training, clinical governance, workplace safety and the peer-voted people's choice award.

St Vincent's Melbourne Acting CEO Angela Nolan was full of praise for the award winners. 'I'm tremendously proud of our entrants and thankful that they took the opportunity to celebrate, share and promote the great work they do every day. What particularly impresses me about the winning initiatives is the spirit of collaboration they display. Each boasts strong multidisciplinary teams working together to deliver positive change to benefit patients, staff and the organisation as a whole.'

**'I'm tremendously proud of our entrants and thankful that they took the opportunity to celebrate, share and promote the great work they do every day.'**



## SVHA Innovation and Excellence Awards winners

### Leaders in Catholic Healthcare

**Consumer and service outcomes through seven years of integrated placement and support**  
Project lead: Dr Melissa Petrakis

People experiencing severe mental illness are among the most socially and economically marginalised in our society. Despite widespread desire to work, unemployment is a common experience, compounding disadvantage further.

In 2006, St Vincent's Mental Health Service and Mental Illness Fellowship Victoria introduced one of the first employment services integrated with clinical mental health in Australia.

The average age of the participants was 39, and they'd had serious mental illness for over 20 years; yet during this program, 46% of them found jobs.

The ongoing study of this program has much to contribute to clinicians nationally attempting to implement, embed and enhance work to improve workforce participation and reduce social isolation and marginalisation for people experiencing severe and persistent mental illness.



From left: A/CEO Angela Nolan, Dr Melissa Petrakis, Yolande Stirling, Kate Higgins and Public Hospitals Division CEO Patricia O'Rourke.

### Chairman's Award

**Food for safety, for recovery and for the soul**  
Project lead: Stephen Tippett

**The freeing of Michael**  
Project lead: Dr Lauren Sanders

Michael was a 70-year-old man with a progressive neurological disease in St Augustine's, our secure prison ward. Bail had been denied due to lack of understanding of his incurable condition and because bail is only granted when a person understands the bail conditions.

Knowing Michael would be sent to Port Phillip Prison; Dr Lauren Sanders went to regional Victoria to attend the bail hearing. She advocated for Michael by explaining the bail conditions in a way he'd understand and by explaining his condition to the court. Bail was granted, unopposed.

In St Augustine's and then on release, Michael received exceptional care and friendship. Through a connection with Pastoral Care, Michael was befriended by Briar Terrace volunteers who visited him regularly. He now lives happily in Clifton Hill and regularly visits his St Vincent's friends. All charges against Michael have since been dropped.

This heart-warming story shows the extraordinary commitment and compassion of a number of staff to go above and beyond what is required in providing care to patients who are poor and vulnerable.



From left: Dr Lauren Sanders, Bernadette Mundy and Shaun Dowling



## Best People in Health and Ageing

**Food for safety, for recovery and for the soul**  
Project lead: Stephen Tippet

Food Services Stephen Tippet has led a transformation of the food offered at St Vincent's over the past two years, developing a delicious, culturally varied menu in collaboration with our patients.

The new menu has improved patient experience, with patient feedback showing we are outperforming our peers while also improving nutrition standards.

This project has highlighted that with collaboration between consumers, food service and nutrition staff a hospital menu can be designed which not only meets the medical needs of patients but provides food for the soul.

As an added bonus, staff morale, skills and drive for excellence in quality have greatly improved, with staff proud of their work area and regularly holding each other accountable to high standards of food services provisions.

## Growth and Sustainability

**Oh what a feeling: Correctional Pharmacy services redesign in collaboration with Toyota Australia**  
Project lead: Andrew Cording

In an Australian first, St Vincent's and Toyota have teamed up to find ways to streamline workflow and improve the healthcare experience for patients, using the world-renowned Toyota Production System.

The Correctional Health Pharmacy worked with Toyota to cut the packing time of complex prescriptions by a staggering 83 per cent, from 210 minutes to just 34 minutes per pack. Work is now also evenly distributed across the day and week.

A secondary outcome saw the floor space used by the pharmacy halve, from 60m<sup>2</sup> to 30m<sup>2</sup>.

This methodology can be applied across all areas of the health service to ensure we are delivering the highest quality care at the best possible price.

## Leading Reputation

**World-first procedure gets patient back on his feet**  
Project lead: Professor Peter Choong

Professor Peter Choong is one of Australia's most respected orthopaedic surgeons. His work to save the leg of a cancer patient using a world-first 3D titanium heel showcased Melbourne as a global leader and innovator in biomedical technology and research. Prof Choong masterminded the 3D heel in a multidisciplinary effort involving surgeons, researchers, universities, a Melbourne biotech company (Anatomics) and CSIRO.

The breakthrough resulted in world-wide media coverage, with millions of people hearing about the St Vincent's surgeon and the incredible 3D heel. This case profiles Melbourne's contribution to cancer care through the national bone and soft tissue cancer centre established by Professor Choong.



# Leadership in Action

Standout leadership qualities, dedication to patient health, strong, sensitive management of staff with disabilities and delivering exceptional care in keeping with the Catholic mission, has seen Stephen Tippet, honoured as Catholic Health Australia's (CHA) 'Emerging Leader' for 2015.

Stephen is the hospitals' Manager of Food Services and believes the patient meal experience is an essential part of recovery and continued wellbeing – and he wants all staff to know it.

'Positive outcomes for patients are only achieved through the consistent engagement of our staff', he said. 'It's the little things, the details that really matter. We have to listen to our patients. It's about trust, the patients trust in our ability to provide complete care for each individual.'

Addressing the delegates at the annual CHA national conference, Stephen told the story of a young woman who



was soon to lose her tongue – and any ability to eat – to cancer. Asked by her family to provide a cake for her birthday, a few days before surgery, Stephen decided that he and his team were capable of much more.

Stephen decided to go above and beyond in order to provide a truly memorable meal. Providing a cake was not enough in his view – he wanted to make her favourite meal, lasagne, as well.

'We went down to the shops and handpicked a number of quality organic ingredients. Fresh tomatoes and meat for the lasagne, top quality chocolate and fresh raspberries for the cake,' Stephen said. 'It was all about making this meal as home-like as possible. I wanted to make the best lasagne of my life.'

'It's about providing lasagne when only the cake was asked for.'

Above: Stephen Tippet

## A new service for mental health in North Fitzroy



Victorian Minister for Mental Health Martin Foley officially launched the North Fitzroy Prevention and Recovery Care (PARC) at a blessing and smoking ceremony in September.

PARC, a joint service of St Vincent's Hospital and MI Fellowship, is a 10-bedroom facility that provides short term residential support for people with a mental illness.

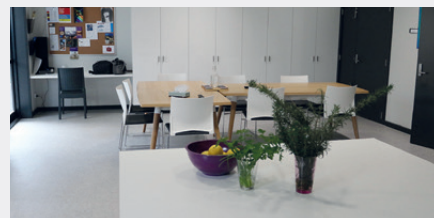
The service provides 'step-up or step-down' mental health care for people who need live-in short-term support to get them through a difficult patch or to assist with getting back to living independently in their home. The

service can help prevent people from requiring a hospital admission or offer some additional support for people discharged from hospital.

The St Vincent's Manager of Mental Health, Bridget Organ says the PARC provides an important window of opportunity to connect people to supports in the community.

'PARC not only offers excellent healthcare, but also provides people with a warm and welcoming environment in which to grow a stronger sense of understanding and empowerment about their health and wellbeing,' Bridget says.

'In the big picture of their lives, our role is perhaps small, but we hope that it is powerful – that the understanding, compassion and care they receive at PARC gives them a chance at a different future.'



Above: (left to right) MI Fellowship A/CEO Laura Collister; St Vincent's CEO Ben Fielding; Minister for Mental Health the Hon. Martin Foley; St Vincent's Mental Health Manager Bridget Organ.

# Friendship forged in adversity

It's an unlikely basis for a friendship, but Stephan and Peter have been inseparable since they met five years ago, while they were both undergoing rehabilitation for stroke.

Peter, an architect and Stephan, a gallery owner, found themselves in the same room and soon discovered that they had much in common; both were Fitzroy locals with a love of art. But their greatest common ground was the frustration and isolation they suffered from being unable to communicate effectively.

Stephan and Peter have developed a strong bond and are supporting each other through what is a very long road to recovery.

Unable to return to work and having lost the use of the dominant right side of his body, Peter has devoted himself to becoming an artist, developing his drawing skills with his left hand to create intricate works of art. Stephan is trying to get back to living a normal life, raising his two young children.

Stroke is one of Australia's biggest killers and a leading cause of disability. One in six people will have a stroke in their lifetime and this year there will be more than 50,000 new and recurrent strokes – that is 1000 strokes every week or one stroke every 10 minutes.

Up to 40% of stroke survivors will acquire aphasia, an acquired communications disorder which impairs a person's ability to communicate.

The St Vincent's Speech Pathology department are specialists in the assessment and treatment of communication and swallowing disorders and work with people across the continuum of care –



Above: Stroke patient Stephan spent months in St Vincent's rehab ward and now volunteers his time to train students in communicating with patients with aphasia.

**Stroke is one of Australia's biggest killers and a leading cause of disability. one in six people will have a stroke in their lifetime and this year there will be more than 50,000 new and recurrent strokes.**

from the acute setting through to the community, providing the best care to our patients.

The team also plays a key role in training tomorrow's speech pathologists. Each year they run a training day for Speech Pathology students, inviting former patients who experience aphasia to visit and help to train students in effectively communicating with them.

Stephan and Peter, along with half a dozen other stroke survivors, jumped at the chance to pass on their firsthand knowledge of aphasia.

'These former patients have suffered a loss of identity due to their stroke and have found a new role and outlet by training students who will go on to help people who will suffer communication difficulties in the future,' Speech Pathology Manager Kathryn McKinley said.

The department also runs the Supported Conversation Volunteer program to provide opportunities for patients with acquired communication difficulties following a stroke or laryngectomy to have social conversations with a trained volunteer. Patients and volunteers have embraced the program which helps overcome the isolation that can come from communication difficulties.

## Thomas does it his way!

Meet Thomas, our 84-year-old patient who comes to St Vincent's Cancer Centre every three weeks for a blood transfusion.

Thomas has developed a ritual of singing his favourite song, 'My Way', and performing his 'leaving dance' routine at the end of each session.

'I go out of here happy and I make them happy,' Thomas says.



Watch the video:  
<http://ow.ly/TmRo0>



# Finding your way – all you need to know

For the past few years, a project has been underway to assess, review, design and install new signage across the Fitzroy campus of St Vincent's Hospital Melbourne. Led by an expert wayfinding company, the project adopted a navigation system which follows international protocols for high foot-traffic areas, with multiple potential destinations. These simple codes are used at confusing, busy places like airports, so that people can easily navigate, no matter what language they speak. They don't need to be familiar with the area to find their way around.

The signs have now been installed, and the hospital now has a new wayfinding system. The buildings all have a letter, the floors have a number, and destinations on each floor (e.g. Heart Centre) have also been given a number. The destination number is a hand-over point – in some cases this is Reception, but in others it is a nominated destination.

The new signage was introduced after extensive staff and consumer consultation, to help transform the way patients and visitors navigate around the hospital to each building. The signs are designed to form a trail, leading the visitor from sign to sign, until they reach their destination.

A review is now underway to identify any unintended gaps, oversights or impacts that may need additional support.

Feedback can be emailed to [comms.melb@svha.org.au](mailto:comms.melb@svha.org.au)

The signs are designed to form a trail, leading the visitor from sign to sign, until they reach their destination.

Destination **Cb1** MRI Centre

Building **C**

Level	Destinations
4	C40-49
3	C30-39
2	C20-29
1	C10-19
0	C01-09 Way Out
B	Cb1

Heart Centre C 2 4

Building

Level

Destination





## Seeing is believing

Advances in video technology have been a great boon to medical diagnosis, particularly for areas where it's not possible to see what's going on inside a patient's body. When doctors need to treat someone for a respiratory condition, minute cameras are vital to help see what's going on with conditions such as tumours, blockages, bleeding and inflammation.

A flexible video bronchoscope is used for these types of conditions, not only for diagnosis, but also to monitor treatment. The video bronchoscope also helps when doctors need to take a biopsy or want to do some laser treatment, but wish to avoid the patient discomfort associated with traditional surgery.

**The video bronchoscope also helps when doctors need to take a biopsy or want to do some laser treatment, but wish to avoid the patient discomfort associated with traditional surgery.**

With just one flexible video bronchoscope, St Vincent's Hospital Melbourne found its ability to treat patients promptly was declining, as the number of patients with respiratory conditions such as lung cancer, was increasing. The aggressive nature of lung cancer means that delays can have an impact on patients' survival chances.

St Vincent's approached the Irene and Margaret Stewardson Charitable Trusts, which provided a generous donation to enable us to purchase a second Bronchoscope. This equipment has quickly been incorporated into our respiratory treatment program, doubling our ability to help patients and significantly increasing the number of bronchoscopies undertaken, resulting in conditions like lung cancer being diagnosed more quickly.

While smoking was the primary cause of lung cancer in the past, the average patient is now a non-smoker. As one of Victoria's top five acute cancer treatment centres, St Vincent's Hospital Melbourne is recognised as a centre of excellence in lung cancer treatment.

We would like to thank the Trustees of the Irene and Margaret Stewardson Trusts for their support of St Vincent's Hospital Melbourne.

Above: Thoracic surgeons, including Associate Professor Gavin Wright above, can now perform significantly more biopsies.

## Exercising control

Who would have thought that not drinking alcohol could result in establishing a gym? That's what has happened at Caritas Christi Hospice, which has transformed a disused ward room into a gym for palliative care patients – courtesy of Dry July fundraising!

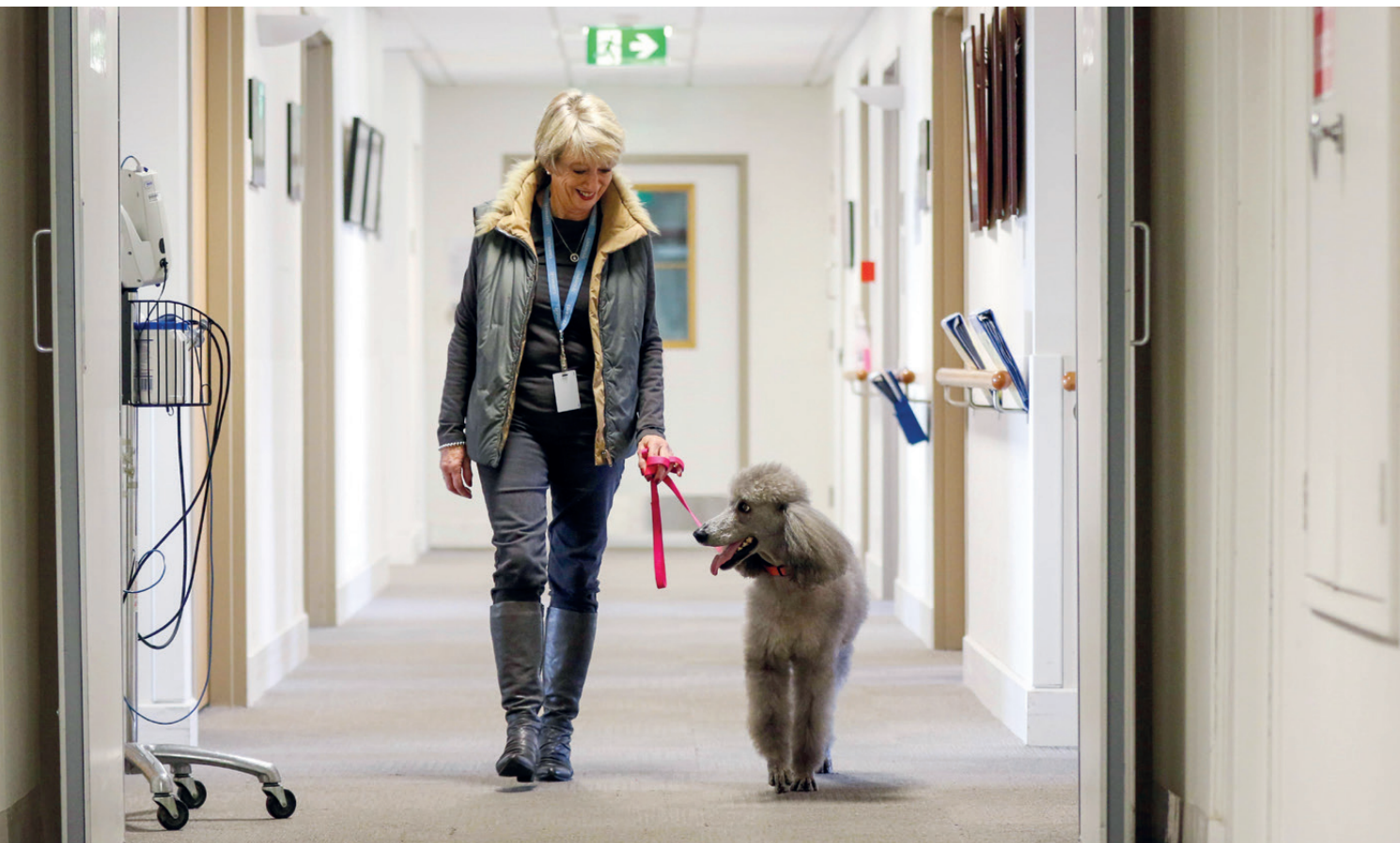
The new patient gym is a dedicated therapy space offering inpatients and clients of the day hospice high quality restorative care in a safe environment under the supervision of allied health staff.

**Emily has shown through her dedication and determination what it means to be truly person-centred in our approach to care.**

The gym has been two years in the making, since physiotherapist Emily Kenna began working at Caritas Christi in September 2013. Emily noticed that there was a need for a safe, dedicated therapy space for patients.

Emily has shown through her dedication and determination what it means to be truly person-centred in our approach to care. Emily's commitment is evident throughout the gym, right down to the finer details like the colour of the walls and the decals that brighten the room, which Emily chose herself.





## Man's best friend making a difference

St Vincent's pet therapy program is one of many services provided to patients and residents by our volunteers. In the program, volunteers and their therapy dogs (trained to provide affection and comfort to patients and residents) pay friendly visits to patients and residents receiving our palliative care, residential care, rehab and aged care services.

It's a program that started 15 years ago and has proven to be a great way of lifting the spirits of our patients and helping to alleviate their anxiety, depression, social isolation and communication difficulties.

**'You can just see the difference in demeanour of the patients as soon as they see a dog.'**

Marg Kleeman, a retired nurse, is one of the volunteers. She says the effect the pets have on patients is almost instantaneous.

'You can just see the difference in demeanour of the patients as soon as they see a dog.'

The manager of our Volunteer Services, Judy Clover, says the pet therapy program offers a gift of love and acceptance to all, without judgement.

'As a program, it embodies the mission of St Vincent's in the sense that nobody is discriminated against and that is part of our ethos,' she said.

'When you walk on to a ward, there is a mood of bustling and business... and you take a dog on and it just cuts right through that mood and both staff and patients respond to the dog and everybody smiles. It's lovely. '



 **Follow us  
on facebook**

Tremendous therapy system, and I enjoyed your photos and stories of the dogs and volunteers in action. Congratulations!!

• Barry Sheales

**See more of the cute  
pooches from our Pet  
Therapy program at  
<http://ow.ly/Tt1LR>**

Above: Marg Kleeman used to be a nurse and has been our volunteer for nearly three years – Bertie is her canine companion.





## Pining for some purposeful pedal power?



Be part of the St Vincent's cycling team in the 2016 Murray to Moyne Cycling Classic.

2015 was a blast, and we're doing it again! In March this year, 31 staff members from across St Vincent's joined forces to tackle the Murray to Moyne bike ride. Not only did the team train together and support each other but they raised over \$65,000 for Professor Peter Choong's cartilage regeneration project. It was a wonderful weekend to share with family, friends and other team members.

**Not only did the team train together and support each other but they raised over \$65,000 for Professor Peter Choong's cartilage regeneration project.**

Now it's your opportunity to join the St Vincent's team for the 2016 event. We'd love to see you and support you along the way.

Each team member will receive a custom designed St Vincent's team jersey and matching cycling shorts and

their accommodation costs (one night) will be covered. All you need to do is get fit and raise a minimum of \$500. You will be provided with your own personal fundraising website which makes fundraising really easy and simple.

We will be riding the 90km leg from Hamilton to Port Fairy which starts at 7:00am on Sunday 3 April 2016. All riders must be able to complete the trip in four hours (it's mainly downhill).

### Key dates:

**Friday 16 Oct 2015**

Online registration opens  
@ \$50 per person

**Friday 18 Dec 2015**

Early bird registration closes

**Saturday 19 Dec 2015**

Standard registration opens  
@ \$55 per person  
[murraytomoyne.com.au](http://murraytomoyne.com.au)

Once you register for the event you can set up your fundraising page at:  
[everydayhero.com.au/event/M2M16](http://everydayhero.com.au/event/M2M16)

**Further enquiries:**  
**Community Fundraising**  
**Coordinator – Bridget Bible**  
**(03) 9231 3369**  
**[bridget.bible@svha.org.au](mailto:bridget.bible@svha.org.au)**

## Conquer the Cols for a Cause!

The St Vincent's Pyrenees Bike Challenge is an eight day cycling tour through the beautiful Pyrenees region in southwest France. This tour will see a small group of dedicated riders tackle world famous climbs over 600km and push their legs hard over 15,000 metres of climbing.

Bike France is partnering with St Vincent's Hospital Melbourne to help raise money to build the new Health and Wellness Centre for cancer patients and their families. The Health and Wellness centre will provide best practice wellness and supportive care programs that are designed to complement the medical treatment provided. These services will include a range of evidence-based programs such as art therapy, music therapy, massage and lifestyle programs.

### Trip Details:

Length: 9 nights

Dates: 9–18 June 2016

Cost: \$3,995 AUD per person  
based on a minimum of 10 guests

Includes luxury accommodation and all meals. Excludes airfares and ground transportation

For more information and to check out the itinerary visit [www.bikefrance.com.au](http://www.bikefrance.com.au)

WIN your place on the team... One lucky person will be selected at random to join the team in France for FREE only paying for their airfares, connections and travel insurance!

For further details or to register your interest please contact the Foundation on (03) 9231 3369 or [bridget.bible@svha.org.au](mailto:bridget.bible@svha.org.au)



## Thank you for your continued support

We always appreciate your help. If you would like to continue supporting our work, please complete and return it to us in a reply paid envelope, or send to:

**St Vincent's Foundation**  
**PO Box 2900**  
**Fitzroy, Victoria 3065**

Alternatively you can visit [stvfoundation.org.au](http://stvfoundation.org.au) or call us on (03) 9231 3365.

### Your gift

☐ I would like to make a gift of: \$ \_\_\_\_\_

or

☐ I would like to become a monthly supporter and give a regular donation of:

☐ \$25 ☐ \$50 ☐ \$100 ☐ Other \$ \_\_\_\_\_

Your credit card will be debited on or around the 15th of each month.

I would like my gift to go to:

☐ Where it's needed most, or

☐ \_\_\_\_\_ (please specify)

Please complete your payment details:

☐ Enclosed is a cheque/money order made payable to St Vincent's Foundation

or

☐ Visa ☐ Mastercard ☐ Amex ☐ Diners

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We may use your contact details to keep you up-to-date with our work via our e-newsletter. Your privacy is our priority. All personal information remains confidential. If you would like to stop receiving information from us, please contact us at [foundation@svhm.org.au](mailto:foundation@svhm.org.au) or on (03) 9231 3365. All donations of \$2 or more are tax deductible.

☐ Please tick here if you DO NOT want to receive future communications from St Vincent's Hospital Foundation.



## Sign up to receive our E-Newsletter

Do you prefer to receive your news electronically? You can keep up with all the latest from across St Vincent's by signing up for our regular e-newsletter.

Highlights include:

- updates on current Appeals
- the latest from our groundbreaking medical research teams
- interesting patient stories and profiles
- invites to and images from our lively community events
- plus, lots more...

To sign up simply complete your email details on the enclosed donation form or send an email to [foundation@svhm.org.au](mailto:foundation@svhm.org.au) with e-newsletter request in the subject line.

You can also visit our website at [stvfoundation.org.au/news](http://stvfoundation.org.au/news) and catch up on all the news any time.



**ST VINCENT'S  
HOSPITAL**  
MELBOURNE



## Enjoy an upmarket night at the opera

Every year, for one night only, Australian Music Events and St Vincent's Hospital transform Queen Victoria Market into the venue for Opera in the Market, one of Melbourne's most spectacular and iconic fundraising events.

This wonderful evening is a compelling mix of food, wine and entertainment – be captivated by the winner of the 2013 Australian International Opera Award Greta Bradman, tenor Shanul Sharma and musical great Teddy Tahu-Rhodes, a 50 piece orchestra, a 100 voice choir and Opera Scholars Australia, conducted by popular ABC presenter Guy Noble.

Join us and lend your support:  
Monday 22 February 2016

St Vincent's Foundation is also looking for corporates to sponsor a table or two for patients and their partners to attend. If you have friends or family who might like to get involved, or would like to join us by taking out a corporate sponsorship package, Opera in the Market is also a fantastic way to entertain clients and network.

Tickets for general admission are now on sale and further details can be found by visiting [operainthemarket.com.au](http://operainthemarket.com.au).

**For corporate hospitality enquiries or volunteering opportunities please contact Foundation on 9231 3287.**

In support of:



## St Vincent's Hospital Christmas Cards



**Purchase in packs of 10 for \$10**

Get ready for Christmas and support St Vincent's Hospital by ordering your Christmas Cards from the St Vincent's Hospital Foundation.

Proceeds from the sale of each card will go towards raising additional funds for the hospital.

**A range of designs are available to purchase in packs of 10 from the Foundation Office or online at [stvfoundation.org.au/shop](http://stvfoundation.org.au/shop) or call 03 9231 3365.**



**Vanessa Marsi**

A few months ago my Dad had open heart surgery here and he received wonderful care from the doctors and nursing staff during his month long stay on the cardiac ward and long after he was discharged. We are forever grateful for the outstanding support from SVHM truly a world class standard of health care and patient service.



**ST VINCENT'S  
HOSPITAL**  
MELBOURNE

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