

St Vincent's HARP

Restoring Health Program

works in partnership with **general practitioners, clients, carers** and other **health care teams** to improve the health and wellbeing of clients with chronic health conditions.



Restoring Health sees clients with **diagnosed:**

diabetes

chronic lung disease

chronic heart failure

Refer to Restoring Health  **1300 131 470**

In addition, Restoring Health offers **Health Management Coaching**, a telephone support program for clients with **coronary heart disease**.

For further information:  **9347 1188**



Restoring Health offers:

- disease-specific rehabilitation
- care planning
- service coordination
- community nursing
- allied health services
- rapid access to relevant St Vincent's medical outpatient clinics

Restoring Health can:

- improve client self-management of their chronic disease
- reduce hospital admissions
- improve quality of life
- reduce social isolation

Restoring Health diagnostic eligibility criteria:

- diabetes: HbA1c
- chronic lung disease: RFTs; CT chest (pulmonary fibrosis/bronchiectasis)
- chronic heart failure: Echo or BNP

Clients must live in St Vincent's catchment area and have either presented to hospital in the past 12 months or be at risk of hospital presentation due to their chronic health condition.

Please contact us for further information about the

Restoring Health Program:  1300 131 470